



## TAIPEI 2018: WINNING TIPS FOR EMERGING LEADERS

*A crucial opportunity for young cardiologists to hone their leadership skills in cardiovascular field and compare their experiences*

The Symposium “**Emerging Leaders Scholarship 2018**” was held in Taipei, May 17, 2018, with an unrestricted grant by **Fondazione Internazionale Menarini**, within the framework of the “**Asian Pacific Society of Cardiology Congress 2018**”, promoted by the Asian Pacific Society of Cardiology (APSC) and presided by Dr. **Wael Almahmeed**, Prof. **Jeroen Bax**, Prof. **Bijoy K. Khandheria**, Dr **Raul Lapitan**, Prof. **Jiunn-Lee Lin**, Prof. **Seth Martin**, Dr. **Huat Seong Saw**, Dr. **Jack Wei-Chieh Tan**, Prof. **David Wood**.

Fifty-seven emerging leaders from twenty-five Countries of Asia Pacific region had the opportunity to learn from each other’s challenges and possible solutions, and to follow a growth program, supported by cardiovascular specialists.

“The value in this congress - Dr. **Jack Wei-Chieh Tan**, President-Elect APSC, said - is bring together different countries with the same problems and try to figure out where we can collaborate. I think it’s time and it’s right that we have the opportunity to come together to improve cardiovascular help in the Asia Pacific region”.

In Taipei, young cardiologists also had the opportunity to learn about the experiences of specialists in the more developed health-care systems of European and American Countries, which highly promote prevention. “Young leaders identified three important problems - Prof. **Bijoy Khandheria**, Cardiologist Aurora Health Care USA, said - very similar in each of their Countries. The first one is acute myocardial infarction and how they can improve the outcome and mortality of patients with **acute myocardial infarction**, in countries where resources are not abundant. The second one is **prevention of cardiovascular diseases**, and they identified that the burden of cardiovascular disease is very high and the only way of reducing that burden is to look at establishing prevention and preventive cardiology programs. The third theme that emerged is infrastructure, particularly health-care infrastructure, is very critical to achieve both number 1 and number 2 of these themes”.

During the workgroups in Taipei, mentors had the important role of bringing a great deal of wisdom and the experience of their own professional life. “If you want to emerge like a good leader in a clinical cardiology department - Prof. **Jeroen Bax**, President European Society of Cardiology, said - there are three things you need to develop. The first one is to develop a very strong clinical department where people can develop themselves in general cardiology but also can learn about the subspecialties. The second thing you need to develop is actually a very good research department, as your clinics and your research



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need to be connected. The third one is that you need to focus on the next generation, that's most important, because the next generation is the one that is driving the future. Therefore both, in the clinics and in the research, the focus should be on the next generation of cardiologists”.