DIRECTOR: G.P.VELO

COURSE "NUTRACEUTICALS"

Erice (Sicily) 26th – 30th September 2015

Organizers: P. Minuz, GP. Velo and F. Violi

26th September 2015

Arrival of participants

21.30 Marsala and Sicilian cakes in S. Rocco cellar

27th September 2015

- 9.30 9.45 **Giampaolo Velo** (Dept. Diagnostics and Public Health, University Hospital of Verona, Italy) Welcome and historical excursus
- 9.45 10.30 **Hervè Lelouet** (Dept. Pharmacovigilance, Assistance publique Hôpitaux de Paris, France) European approach of risk management planning
- 10.30 11.15 **Jeffrey K. Aronson** (Nuffield Dept. of Primary Care Health Sciences, Oxford, UK) Definitions
- 11.15 11.30 Coffee break

BASIC RESEARCH I

- 11.30 12.15 **Julian Ma** (Inst. Infection & Immunity, St. George Hospital Medical Sch., London, UK) Nutritional pharmaceuticals? Be careful what you wish for...
- 12.15 13.00 **Linda Avesani** (Department of Biotechnology, University of Verona, Italy) Molecular farming lessons learned for autoimmune diseases

Lunch

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- 15.00 15.45 **Orina Belton** (UCD School of Biomolecular and Biomedical Science, Dublin, Ireland)
 Resolution of inflammation and atherosclerosis- a focus on conjugated linoleic acids
- 15.45 16.30 **Cristiano Fava** (Dept. Internal Medicin, University Hospital of Verona, Italy) Omega-3 fatty acids and cytochrome 450-derived eicosanoids
- 16.30 17.15 **Desmond Fitzgerald** (UCD Conway Institute, University College Dublin, Dublin, Ireland)
 Milk-derived bioactive peptides inhibit human 3 endothelial-monocyte interactions via PPAR-γ
 4 dependent regulation of NF-κB
- 17.15 17.45 *Coffee break*
- 17.45 18.30 **Tiziana Pandolfini** (Department of Biotechnology, University Hospital of Verona, Italy) Plant peptides targeted to human receptors
- 18.30 19.15 **Eugenio Butelli** (John Innes Centre, Norwich, UK)
 The benefits of a colourful diet

Dinner

21.30 Marsala and Sicilian cakes in S. Rocco cellar

28th September 2015

BASIC RESEARCH II

- 9.00 9.45 **Salvatore Cuzzocrea** (Dept. Biological & Environm. Sciences, University of Messina, Italy) Nutraceutical agents: role in neuroinflammation and neurodegeneration
- 9.45 10.30 **Fiorella Casamenti** (Dept. Neurosc., Drug Research & Child Health, Florence Univ., Italy) Oleuropeinaglycone efficacy against Alzheimer's disease: an advanced biological preclinical investigation
- 10.30 11.15 **Nicholas Moore** (Dept. Pharmacology, University of Bordeaux, France) News from Tartary: medicines from the Silk Road
- 11.15 11.45 *Coffee break*

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CLINICAL INVESTIGATION I

11.45 - 12.30 **Albert Ferro** (Cardiovascular Clinical Pharmacology, King's College, London, UK) Chinese herbal medicines: science vs myth

Lunch

- 14.30 15.15 **Lina Badimon** (Cardiovascular Research Center-ICCC, Hospital Sant Pau, Barcelona, Spain) Systems biology approaches to understand the effects of nutrition and promote health
- 15.15 16.00 **Francesco Violi** (Internal Medicine, La Sapienza University, Roma, Italy) Polyphenols and cardiovascular disease
- 16.00 16.45 **Andrew Webb** (Clinical Pharmacology, King's College, London, UK) It is rocket science: why dietary nitrate is hard to beet!
- 16.45 17.15 Coffeee break
- 17.15 -18.00 **Claudio Borghi** (Dept. of Medical and Surgical Sciences, University of Bologna, Italy)

 The nutraceutical approach to blood pressure control: from populations to hypertensive patients
- 18.00 18.45 **Elmo Mannarino** (Internal Medicine, School of Medicine, University of Perugia, Italy)
 The role of nutraceuticals in the treatment of the elderly patient at cardiovascular risk
- 20.00 Social Dinner

29th September 2015

CLINICAL INVESTIGATION II

- 9.00 9.45 **Francesco Angelico** (Public Health & Infectious Diseases La Sapienza University, Roma, Italy) The role of nutraceuticals for the prevention and treatment of non alcoholic fatty liver disease
- 9.45 10.30 Giovanni Davì (Internal Medicine, University of Chieti, Chieti Scalo, Italy)

Nutraceuticals and diabetes mellitus

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10.30 - 10.45 *Coffee break*

EPIDEMIOLOGY

- 10.45 11.30 **Ramon Estruch** (Dept. of Internal Medicine, Hospital Clinic, University of Barcelona, Spain)

 Prevention of cardiovascular disease with traditional Mediterranean diet
- 11.30 12.15 **Giovanni deGaetano** (Epidemiology and Prevention, IRCCS NEUROMED, Pozzilli, Isernia, Italy)

 Mediterranean diet, dietary polyphenols and lowgrade inflammation: results from the Moli-sani study
- 12.15 13.00 **Domenico Palli** (Molecular and Nutritional Epidemiology Unit, ISPO, Firenze, Italy)
 Diet and cancer epidemiology: from research to prevention
- 13.00 13.45 **Chiara Cerletti** (Epidemiology and Prevention, IRCCS NEUROMED, Pozzilli, Isernia, Italy) Orange or mais-derived anthocyanins: data from Flora and Athena EU projects

Lunch

15.00 Visit to an ancient Sicilian historical site

Dinner

21.30 Marsala and Sicilian cakes in S. Rocco cellar

30th September 2015

Departure of participants



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