



FONDAZIONE  
INTERNAZIONALE  
MENARINI



# **Fight pain & inflammation: problems, questions and answers**

**Florence (Italy), November 7<sup>th</sup> - 8<sup>th</sup>, 2008**

Organized by  
DEPARTMENT OF INTERNAL MEDICINE  
DEPARTMENT OF PRECLINICAL AND CLINICAL PHARMACOLOGY  
UNIVERSITY OF FLORENCE

DEPARTMENT OF ANESTHESIOLOGY AND PAIN MANAGEMENT  
UNIVERSITY OF L'AQUILA

FONDAZIONE INTERNAZIONALE MENARINI

## **PROGRAM**

Hotel Hilton Florence Metropole  
Via del Cavallaccio, 36



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*Dear Colleagues and Friends,*

*we are happy to welcome you in Florence for the conference 'Fight pain & inflammation: problems, questions and answers'. The city of Florence has hosted in the past a series of prestigious meetings with a major focus on pain diseases. This has been the result of the simultaneous flourishing in the Medical School of the University of Florence, of innovative studies on basic mechanisms of pain transmission and of clinical investigation in patients with different types of chronic pain conditions. Thus, if Prof. Federico Sicuteri established in Florence the first Headache Center in Italy and one of the first in Europe, Prof. Paolo Procacci started a Pain Clinic for the treatment of rare and hitherto intractable inflammatory or neuropathic pain diseases. Scientific discussion held in Florence in the 70s was the humus from which the Italian Society for the Study of Headache was created and the idea of the International Association for the Study of Pain (IASP) was launched, during the Congress organized by Prof. Procacci and Zoppi "Recent advances on pain, pathophysiology and clinical aspects". The initial idea was immediately followed by the organization of an international congress in the US, with the establishment of the IASP. In September 1975, Florence hosted the first world congress on pain, and few months later the Italian Association for the Study of Pain was founded, again, in Florence. Finally, we can not forget the contribution of Prof. Lunedei in the 60', who fostered the interest for rheumatology and the care of patients affected by joint inflammatory pain. Our intention, under the generous sponsorship of the Menarini Foundation, is to put together for a vivid discussion scientists and clinicians with specific interests in primary headaches, inflammatory pain and neuropathic pain. We expect that this multidisciplinary approach may represent the continuation of the prestigious heritage of the Florentine school, distinguished by a unique curiosity to explore novel pathways for understanding how pain is generated and how to treat better our patients. With this hope in mind, we wish you all a fruitful meeting and enjoyable stay in Florence.*

*Pierangelo Geppetti  
Marco Matucci-Cerinic  
Giustino Varrassi*

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## **Co-Presidents of the Meeting**

**Pierangelo Geppetti**

**Marco Matucci-Cerinic**

**Giustino Varrassi**

## **Organizing Secretariat**

### **Fondazione Internazionale Menarini**

Via W. Tobagi, 8

I-20068 Peschiera Borromeo (Milan, Italy)

Tel: +39 02 55308110

Fax: +39 02 55305739

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<http://www.fondazione-menarini.it>

### **Opening ceremony**

08.45            **Welcome addresses**

**A. Marinelli** ( Rettore, Università degli Studi di Firenze)

**G.F. Gensini** ( Preside, Facoltà di Medicina e Chirurgia)

**E. Majno** ( Direttore Generale, Azienda Ospedaliera  
Universitaria Careggi)

09.15            **Introduction**

**P. Geppetti, M. Matucci-Cerinic, G. Varrassi**

Co-Presidents of the Meeting

### **Session I - Headache I**

Chairperson: **P. Sarchielli** (Perugia, I)

09.30            **M.D. Ferrari** (Leiden, NL)

Migraine as a cerebral ionopathy: from patients to transgenic mice,..... and back

09.50            **J. Pascual** (Salamanca, E)

Acute and prophylactic treatment for migraine: present and future

10.10            General discussion

10.30            Coffee break

11.00            Chairman: **P. Geppetti** (Florence, I)

**Plenary Lecture: F. Porreca** (Tucson, USA)

"Neurotrophic modulation of pain and sensation following injury to peripheral nerves"

**Session II - Headache II**

Chairperson: **P. Martelletti** (Rome, I)

11.30           **T. Bartsch** (Kiel, D)  
Neurostimulation and chronic headache

11.50           **J. Schoenen** (Liège, B)  
Tension-type Headache

12.10           General discussion

12.30           Closing remarks

12.45           Lunch

### Session III - Rheumatology I

- 14.00 Chairman: **S. Bombardieri** (Pisa, I)  
*Plenary Lecture: S. Gay* (Zurich, CH)  
"The pathogenesis of rheumatoid arthritis"
- Chairpersons: **M. Cutolo** (Genoa, I)  
**L. Czirják** (Pécs, H)
- 14.30 **T. Kvien** (Oslo, N)  
A multifaceted perspective: how to approach inflammatory pain in rheumatic diseases
- 14.50 **J.W.J. Bijlsma** (Utrecht, NL)  
Glucocorticoids: lights and shadows in the fight against inflammation
- 15.10 General discussion
- 15.30 Chairman: **M. Matucci-Cerinic** (Florence, I)  
*Plenary Lecture: P. Emery* (Leeds, UK)  
"Early rheumatoid arthritis: a window of opportunity"
- 16.00 Coffee break

### Session IV - Rheumatology II

- Chairpersons: **G. Valentini** (Naples, I)  
**A. Venalis** (Vilnius, LT)
- 16.30 **C.M. Montecucco** (Pavia, I)  
The inflamed synovium: where pain starts in RA
- 16.50 **M. Ceruso** (Florence, I)  
The role of the hand surgeon in the fight against pain in arthritis
- 17.10 **R. Ionescu** (Bucharest, RO)  
How to measure pain and inflammation in rheumatoid arthritis
- 17.30 General discussion
- 17.50 Closing remarks

**Session V - Pain I**

Chairperson: **G. Varrassi** (L'Aquila, I)

- 09.30        **N. Rawal** (Orebro, S)  
My life fighting postoperative pain
- 09.50        **P. Sacerdote** (Milan, I)  
Opioid receptors and opioid side effects
- 10.10        **H.G. Kress** (Vienna, A)  
Cannabinoids in pain treatment
- 10.30        General discussion
- 10.50        Coffee break

**Session VI - Pain II**

Chairperson: **G. Varrassi** (L'Aquila, I)

- 11.20        **R. Casale** (Pavia, I)  
Neuropathic component of bone and joint pain
- 11.40        **A.S. Nica** (Bucharest, RO)  
Pain and rehabilitation
- 12.00        **S. Erdine** (Istanbul, TR)  
Interventional techniques in low back pain
- 12.20        General discussion
- 12.40        Closing remarks
- 13.00        Lunch



## GENERAL INFORMATION

### Meeting venue

The venue for the Meeting will be Hotel Hilton Florence Metropole, Via del Cavallaccio, 36 - I-50142 Florence, Phone: +39 055 78711.

### Secretariat during the Meeting

The Secretariat will be open at the following times:

Friday, November 7<sup>th</sup>, from 08.00 a.m. to 06.00 p.m.

Saturday, November 8<sup>th</sup>, from 08.30 a.m. to 01.00 p.m.

### Official languages

The official languages of the Meeting will be English and Italian. Simultaneous translation will be provided.

### Registration

The Meeting is free to attend. Please confirm the participation to the Organizing Secretariat (Fondazione Internazionale Menarini - Phone: +39 02 55308110 Fax +39 02 55305739 - E-mail: milan@fondazione-menarini.it) **within Monday, October 30<sup>th</sup>, 2008.**

### CME Credits

CME Credits for Physicians have been applied for from the Italian Health Authorities.

### European CME credits (ECMEC's)

The Meeting has been accredited by the European Accreditation Council for Continuing Medical Education (EACCME) to provide the following CME activity for medical specialists.

The Conference is designated for a maximum of, or up to 9 European CME credits (ECMEC's).

### Technical facilities

Facilities will be available for computer presentations and overhead projections. A business center with PC (Powerpoint for Windows) will be available for check and preview of presentations. It is essential that speakers take their presentation to the business center at least one hour before the session starts. The center will be open at the following times:

Friday, November 7<sup>th</sup>, from 08.00 a.m. to 06.30 p.m.

Saturday, November 8<sup>th</sup>, from 08.30 a.m. to 01.00 p.m.

### Lunches and coffee breaks

Lunches and coffee breaks will be served in the Meeting area.

### Abstracts book

Participants will receive the Abstract book at the Meeting.

## **LIST OF CHAIRPERSONS, SPEAKERS AND CO-PRESIDENTS OF THE MEETING**

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### **THORSTEN BARTSCH**

Department of Neurology  
Headache Group  
University Hospital Schleswig-Holstein  
Kiel (Germany)

### **J.W.J. BIJLSMA**

Chair Department of Rheumatology & Clinical Immunology  
University Medical Center Utrecht  
(The Netherlands)

### **STEFANO BOMBARDIERI**

Dipartimento di Medicina Interna  
Università degli Studi di Pisa  
Ospedale "S. Chiara"  
Pisa (Italy)

### **ROBERTO CASALE**

Servizio di Neurofisiopatologia  
Fondazione "Salvatore Maugeri" I.R.C.C.S.  
Centro Medico di Riabilitazione  
Montescano (Pavia, Italy)

### **MASSIMO CERUSO**

S.O.D.C. Chirurgia della Mano e Microchirurgia  
Centro di Riferimento Regionale per la Chirurgia  
delle Malattie Reumatiche dell'Arto Superiore  
Azienda Ospedaliero-Universitaria Careggi  
Florence (Italy)

### **MAURIZIO CUTOLO**

Cattedra e Divisione di Reumatologia  
Dipartimento di Medicina Interna e Specialità Mediche  
Azienda Ospedaliera San Martino e  
Cliniche Universitarie Convenzionate  
Genoa (Italy)

### **LÁSZLÓ CZIRJÁK**

Department of Immunology and Rheumatology  
University of Pécs  
(Hungary)

**PAUL EMERY**

Academic Section of Musculoskeletal Disease  
Leeds Institute of Molecular Medicine  
University of Leeds  
Chapel Allerton Hospital  
Leeds (UK)

**SERDAR ERDINE**

Department of Algology  
Istanbul University  
Capa (Istanbul, Turkey)

**MICHEL D. FERRARI**

Department of Neurology  
Leiden University Medical Centre  
Leiden (The Netherlands)

**STEFFEN GAY**

Department of Rheumatology  
WHO Collaborating Center for Molecular Biology  
and Novel Therapeutic Strategies for Rheumatic Diseases  
University Hospital Zürich  
(Switzerland)

**PIERANGELO GEPPETTI**

Clinical Pharmacology  
Department of Critical Care Medicine and Surgery  
University of Florence  
(Italy)

**HANS G. KRESS**

Dept. of Special Anaesthesia and Pain Therapy  
Medical University  
Vienna (Austria)

**TORE K. KVIEN**

Department of Rheumatology  
Diakonhjemmet Hospital  
Oslo (Norway)

**RUXANDRA IONESCU**

Department of Internal Medicine and Rheumatology  
Carol Davila University of Medicine & Pharmacy  
“Sf. Maria” Hospital  
Bucharest (Romania)

**PAOLO MARTELLETTI**  
Department of Clinical Medicine  
University “La Sapienza”  
Rome (Italy)

**MARCO MATUCCI-CERINIC**  
Division of Medicine I & Rheumatology  
University of Florence  
(Italy)

**CARLOMAURIZIO MONTECUCCO**  
Cattedra e Divisione di Reumatologia  
Università degli Studi di Pavia  
Fondazione I.R.C.C.S. Policlinico San Matteo  
Pavia (Italy)

**ADRIANA SARAH NICA**  
Rehabilitation Department  
University of Medicine “Carol Davila”  
Bucharest (Romania)

**JULIO PASCUAL**  
Service of Neurology  
University Hospital  
Salamanca (Spain)

**FRANK PORRECA**  
Pharmacology and Anesthesiology  
University of Arizona  
Tucson (USA)

**NARINDER RAWAL**  
Department of Anesthesiology and Intensive Care  
Örebro University Hospital  
(Sweden)

**PAOLA SACERDOTE**  
Dipartimento di Farmacologia, Chemioterapia  
e Tossicologia Medica  
Università degli Studi – Milan (Italy)

**PAOLA SARCHIELLI**  
Clinica Neurologica  
Università degli Studi – Perugia (Italy)

**JEAN SCHOENEN**

Neurobiology Research Center CNCM  
Axonal regeneration & Cephalic Pain  
Liège University (Belgium)

**GABRIELE VALENTINI**

Dipartimento di Internistica Clinica e Sperimentale  
Seconda Università – Naples (Italy)

**GIUSTINO VARRASSI**

Dipartimento di Anestesia e Rianimazione  
Università degli Studi dell'Aquila  
(Italy)

**ALGIRDAS VENALIS**

Institute of Experimental and Clinical Medicine  
Vilnius University  
(Lithuania)



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**O Physician**

### **REGISTRATION FORM**

Family name \_\_\_\_\_

First name \_\_\_\_\_

Title \_\_\_\_\_ Institute/Organization \_\_\_\_\_

Mailing address \_\_\_\_\_

Postal code \_\_\_\_\_

City \_\_\_\_\_ Country \_\_\_\_\_

Telephone \_\_\_\_\_ Fax \_\_\_\_\_

e-mail \_\_\_\_\_

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**within Friday, October 30<sup>th</sup>, 2008.**

Date \_\_\_\_\_

Signature

\_\_\_\_\_

