

**International Workshop on
TREATMENT OF CARDIOVASCULAR DISEASE IN
2016: CONFRONTING 'REAL LIFE' CLINICAL
CHALLENGES**
A Practical, Interactive, Workshop

London, May 5-7, 2016

Organized by

The Cardiovascular and Cell Sciences
Research Institute, St George's, University of London

Meeting Director: *Prof. Juan Carlos Kaski, DSc, MD, FRCP, FESC, FACC, FAHA*

Financially supported by



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MENARINI

PRELIMINARY PROGRAM

**Opening Lecture – May 5th: Royal College of Surgeons
Address: 35-43 Lincoln's Inn Fields, London WC2A 3PE**

**Congress Venue – May 6th and 7th: One Great George Street
Address: 1 Great George Street, Westminster, London SW1P 3AA**

Overview and objectives

The Cardiovascular and Cell Sciences Research Institute, St George's, University of London, is proud to present its International Workshop "Treatment of Cardiovascular Disease in 2016 - Confronting 'Real Life' Challenges" financially supported by Fondazione Internazionale Menarini, which will take place in London from 5th to 7th May 2016. The meeting will focus on the prevention and treatment of cardiovascular disease, including ischaemic heart disease, heart failure, and hypertension, among several other important topics. The important issue of cardiovascular disease in women will feature prominently on the program. The workshop will be truly interactive and based on real life patient management. The sessions will be conducted by expert clinicians and the attendees will be encouraged to take active part in the discussions that will revolve around patient management in everyday practice.

The Cardiovascular and Cell Sciences Research Institute and St George's University Hospitals NHS Foundation Trust

With over 150 scientists and clinical academics, the Institute of Cardiovascular and Cell Sciences (CVCS RI), directed by Professor Juan Carlos Kaski and Professor Mark Fisher, brings together clinical and basic science researchers with the aim to develop new diagnostic and therapeutic solutions and gain insight into biological processes involved in human disease. Research in CVCSRI focuses on cardiovascular sudden death, ageing and its associated diseases, neurosciences and neurosurgery, as well as molecular and genetic mechanisms of disease and therapy.

The Research Institute shares its campus and works in close collaboration with St George's NHS Hospital, the largest hospital within St George's Healthcare NHS Trust, one of the largest hospital and community health service providers in the UK. Located in southwest London. St George's Hospital is one of the country's principal teaching hospitals (>1,000 beds). St George's University Hospitals NHS Foundation Trust serves a population of 1.3 million. A number of its services are members of established clinical networks, which bring together doctors, nurses and many other healthcare professionals working to improve the quality of services for patients. The recently created Cardiology Clinical Academic Group (Cardiology CAG), directed by Dr Stephen Brecker, represents yet another collaborative link between St George's University of London and the NHS Trust in the area of Cardiovascular care. An integral part of CVCSRI and the NHS Trust, the Cardiology CAG aims at achieving excellence in both patient care and translational research in the area of cardiovascular disease.

Endorsements

The present meeting scientific program is under the auspices of

St George's, University of London



The Cardiology Clinical Academic Group, St George's University Hospitals
NHS Foundation Trust



The International Society of Cardiovascular Pharmacotherapy (ISCP)



Meeting Director

Prof. Juan Carlos Kaski

Professor of Cardiovascular Science

Director, Cardiovascular and Cell Sciences Research Institute
St George's University of London

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Financially supported by:

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Thursday, May 5th, 2016 – Afternoon – Opening Ceremony - Royal College of Surgeons

- 17:00 J. C. Kaski (London, UK), G. Rosano (London, UK)
Welcome
- 17:15 P. Weissberg (London, UK)
Opening Lecture: Challenges confronting cardiology in the next decade – are we ready for them?
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Friday, May 6th, 2016 – Morning – Scientific Sessions at One Great George Street

SESSION I

09:00 to 10:30: MANAGEMENT OF CHRONIC STABLE ANGINA

Chairpersons: U. Sechtem (Stuttgart, DE), M. Marzilli (Pisa, I)

09:00 – 09:30 J. C. Kaski (London, UK)
Lecture: Rational management of chronic stable angina

Managing real life patients – Clinical scenarios

09:30 – 09:50 A. Timmis (London, UK)
Angina in patients unsuitable for coronary revascularization

09:50 – 10:10 F. Crea (Rome, I)
Coronary artery spasm

10:10 – 10:30 P. Camici (Milan, I)
Microvascular dysfunction

SESSION II

10:30 to 11:00: CARDIOVASCULAR DISEASE IN WOMEN

10:30 – 11:00 N.B. Merz (Los Angeles, USA)
Lecture: Heart Disease Prevention in Young Women – Are we winning the battle?

Presented by Giuseppe Rosano (London, UK)

11:00 -11:20 *Coffee break*

11:20 to 13:30: *CARDIOVASCULAR DISEASE IN WOMEN – MANAGING REAL LIFE PATIENTS – CLINICAL SCENARIOS*

Chairpersons: P. Camici (Milan, I), Stephen Brecker (London, UK)

11:20 – 11:50 C. Pepine (Gainesville, USA)
Diagnosis and management of ischaemic heart disease

11:50 – 12:20 B. Khandheria (Milwaukee, USA)
Role of Echocardiography in diagnosis and management

12:20 – 12:50 P. Collins (London, UK)
Microvascular angina in postmenopausal women

12:50 – 13:20 C. Lam (Singapore, SGP)
Heart failure

13:20 – 13:30 Discussion

13:30 – 14:30 Lunch

SESSION III

14:30 to 16:00: *HEART FAILURE MANAGEMENT*

Chairpersons: L. Anderson (London, UK), J. Cleland (London, UK)

14:30 – 15:00 A. Coats (Melbourne, AUS)
Lecture: New developments in the management of patients with heart failure and new challenges

Managing real life patients – Clinical scenarios

15:00 – 15:20 T. McDonagh (London, UK)
HF with preserved systolic function

15:20 – 15:40 P. Ponikowski (Warsaw, PL)
Iron deficiency

15:40 – 16:00 J. Cleland (London, UK)
Indications for CRT

16:00 – 16:20 Coffee break

SESSION IV

16:20 to 17:00: STRESS AND CARDIOVASCULAR DISEASE

Chairpersons: K. Prasad (London, UK), A. Steptoe (London, UK)

16:20 – 16:40 P. Monteiro (Coimbra, P)
Lecture: Burn out doctors – How to deal with the problem?

16:40 – 17:00 A. Steptoe (London, UK)
Lecture: Challenges in the management of psychological morbidity in IHD patients

SESSION V

17:00 to 18:30: HYPERTENSION

Chairpersons: B. Williams (London, UK), T. Kahan (Stockholm, SE)

17:00 – 17:30 B. Williams (London, UK)
Lecture: Current guidelines and unmet needs/Goal blood pressure in patients with cardiovascular disease

Managing real life patients – Clinical scenarios

17:30 – 18:00 T. Antonios (London, UK)
Secondary forms of hypertension

18:00 – 18:30 T. Kahan (Stockholm, SE)
Refractory hypertension - Need for renal denervation?

18:30 End of sessions

SESSION VI

09:00 to 11:00: ACUTE CORONARY SYNDROME

Chairpersons: A. Prasad (London, UK), F. Romeo (Rome, I), J.L Lopez-Sendon (Madrid, ES)

09:00 – 09:30 T. Lüscher (Zurich, CH)

Lecture: Risk stratification and management of ACS – New Challenges

Managing real life patients – Clinical scenarios

09:30 – 10:00 A. Ferro (London, UK)

Balancing prevention of thrombosis and of excessive bleeding: optimizing anti-platelet and anticoagulant therapy in acute coronary syndrome

10:00 – 10:30 C. Di Mario (London, UK)

NSTEMI: When to intervene and how

10:30 – 11:00 A. Prasad (London, UK)

Stress Cardiomyopathy

11:00 – 11:30 *Coffee break*

SESSION VII

11:30 to 14:00: CARDIOVASCULAR DISEASE PREVENTION AND TREATMENT OF COMORBIDITIES

Chairpersons: G. Ambrosio (Perugia, I), J. Halcox (Swansea, UK), M. Kearney (Leeds, UK)

11:30 – 11:50 N. Poulter (London, UK)

Lecture: Managing global cardiovascular risk

11:50 – 12:00 Discussion

Managing real life patients – Clinical scenarios

12:00 – 12:20 A. Stack (Limerick, IRL)

Hyperuricemia– Clinical implications and management challenges

12:20 – 12:40 E. Jannini (Rome, I)

Erectile dysfunction: Management challenges

12:40 – 13:00 G. Dan (Bucharest, RO)

Atrial fibrillation in patients with ischemic heart disease

13:00 – 13:10 Discussion

13:10 – 13:30	M. Kearney (Leeds, UK) Lecture: Diabetes and high cardiovascular risk – Challenges in real life patient management
13:30 – 13:50	Discussion
13:50 – 14:00	J.C. Kaski (London, UK) Concluding remarks
14:00	End of Meeting

Lunch

GENERAL INFORMATION

Meeting venue

Opening Lecture – May 5th: Royal College of Surgeons

Address: 35-43 Lincoln's Inn Fields, London WC2A 3PE

Congress Venue – May 6th, 7th: One Great George Street

Address: 1 Great George Street, Westminster, London SW1P 3AA

Registration hours

Opening hours:

Thursday, May 5th: 16:00 to 18:00

Friday, May 6th: 08:00 to 18:30

Saturday, May 7th: 08:00 to 14:00

Official language

The official language of the Meeting will be English.

Accreditation

An application has been made for Continuing Medical Education CME accreditation of this event to the following institutions:

- European Accreditation Council for Continuing Medical Education (EACCME)
- European Board for Accreditation in Cardiology (EBAC)
- Royal College of Physicians – London, UK (CPD)

Technical facilities

Facilities will be available for computer presentations and overhead projections.

A business center with PC (Windows and MAC) will be available to check and preview presentations. Speakers are required to give a copy of their presentation on USB memory stick to the technicians at the Slide Center at least one hour before the session starts.

Slide Centre opening hours:

Thursday, May 5th: 16:00 to 18:00

Friday, May 6th: 08:00 to 18:30

Saturday, May 7th: 08:00 to 14:00

Lunch and coffee breaks

Lunch and coffee breaks will be provided at the conference premises.

Attendance certificate

The attendance certificate will be issued at the accreditation desk following full attendance at the Conference.

LIST OF SPEAKERS, DISCUSSANTS, CHAIRPERSONS AND CO-PRESIDENTS OF THE MEETING

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