

PROMOTED BY:



FONDAZIONE  
INTERNAZIONALE  
MENARINI

INTERNATIONAL SYMPOSIUM ON:

# CARDIOLOGY

## OF TODAY AND TOMORROW: PREPARED FOR THE FUTURE

**St. Petersburg (Russia)**  
**September 21<sup>st</sup> – 23<sup>rd</sup>, 2017**

PHILARMONIA &  
ALMAZOV NATIONAL  
MEDICAL RESEARCH CENTRE



**Organized by: ALMAZOV CENTRE, ST. PETERSBURG**

Dear colleagues, dear friends!

I am delighted to welcome the delegates of the International Symposium «Cardiology of Today and Tomorrow: Prepared for the Future» in St.Petersburg.

This new prominent forum is aimed at getting together the Russian and international physicians on the basis of a common goal - to improve medical care of cardiovascular patients. It will definitely become a significant event in the life of Saint-Petersburg medical community.

Our city is known as a cradle of long-lasting tradition of clinical and basic research in Cardiology, as well as a reputable school contributing a lot to reduction of cardiovascular morbidity and mortality. The Russian and European cardiologists have a longstanding history of partnership and fruitful cooperation in scientific and educational spheres, which became an example of innovative approach to integrate fundamental knowledge and clinical experience in line with a concept of translational medicine. Our joint efforts allow, while saving all that was the best in the history of Cardiology, to progress rapidly and reach the most advanced positions in the modern healthcare.

I hope you will enjoy the stay in our beautiful city with its palaces, art galleries, theatres, beautiful landscapes and famous Russian hospitality!

I am looking forward to meeting you in St.Petersburg.

**Professor Evgeny Shlyakhto**

*FESC, FACC - General Director*

*Almazov National Medical Research Centre*

## PRESIDENT OF THE MEETING

### **Prof. Evgeny Shlyakhto**

General Director of the Almazov National  
Medical Research Centre, St. Petersburg, RU

## LOCAL SCIENTIFIC SECRETARIAT

### **Prof. Alexandra Konradi**

Deputy General Director for Research, Almazov National  
Medical Research Centre, St. Petersburg, RU

### **Prof. Sergey Nedogoda**

Vice Rector for Clinical Work, Head of the Chair of Internal Diseases and  
Endocrinology at the Volgograd State Medical University, Volgograd, RU

### **Prof. Grigory Arutynov**

Head of the Chair of Internal Diseases and General Physiotherapy at  
the Russian Pirogov National Research University, Moscow, RU

## PROMOTED BY

### **Fondazione Internazionale Menarini**

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## ORGANISING SECRETARIAT

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# - PROGRAMME -

**Thursday, September 21<sup>st</sup>, 2017**

*Afternoon*

*Philharmonia*

	<b>OPENING CEREMONY</b>
04.00 p.m. - 04.15 p.m.	<b>WELCOME ADDRESSES</b> <b>Evgeny Shlyakhto</b> (St. Petersburg, RU) President of the Meeting
04.15 p.m. - 04.30 p.m.	<b>Alessandro Casini</b> (Florence, I) President Fondazione Internazionale Menarini
	<b>MAIN LECTURES</b>
04.30 p.m. - 05.15 p.m.	<b>Evgeny Shlyakhto</b> (St. Petersburg, RU) <i>Modern advances in heart failure</i>
05.15 p.m. - 06.00 p.m.	<b>Alberto Zanchetti</b> (Milan, I) <i>Antihypertensive treatment: past, present and future</i>
06.00 p.m. - 06.45 p.m.	<b>Edward Lakatta</b> (Baltimore, USA) <i>What is aging, is aging a cardiovascular disease?</i>
06.45 p.m.	Welcome cocktail

**Friday, September 22<sup>nd</sup>, 2017**

*Morning*

*Almazov Centre*

## CARDIOLOGY OF TODAY

### Session I - Essentials from European, US and National guidelines

Chairpersons:	<b>Enrico Agabiti Rosei</b> (Brescia, I) <b>Alberico L. Catapano</b> (Milan, I) <b>Vyacheslav Mareev</b> (Moscow, RU)
09.00 a.m. - 09.30 a.m.	<b>Enrico Agabiti Rosei</b> (Brescia, I) <i>In hypertension</i>
09.30 a.m. - 10.00 a.m.	<b>Gianfranco Parati</b> (Milan, I) <i>Current role of Out-of-Office Blood Pressure in Hypertension Management Guidelines</i>
10.00 a.m. - 10.30 a.m.	<b>Vyacheslav Mareev</b> (Moscow, RU) <i>In heart failure</i>
10.30 a.m. - 11.00 a.m.	<b>Mario Marzilli</b> (Pisa, I) <i>Coronary stenosis and myocardial ischemia: an elusive link!</i>
11.00 a.m. - 11.30 a.m.	Coffee break

## Session II - Arterial hypertension and end organ damage

Chairpersons:	<b>Enrico Agabiti Rosei</b> (Brescia, I) <b>Alexandra Konradi</b> (St. Petersburg, RU) <b>Alberto Zanchetti</b> (Milan, I)
11.30 a.m. - 12.00 p.m.	<b>Alberto Zanchetti</b> (Milan, I) <i>Antihypertensive treatment in the context of total cardiovascular risk</i>
12.00 p.m. - 12.30 p.m.	<b>Agostino Virdis</b> (Pisa, I) <i>Uric acid and CV disease: how can we explain it?</i>
12.30 p.m. - 01.00 p.m.	<b>Alexandra Konradi</b> (St. Petersburg, RU) <i>Hypertension and target organ damage</i>
01.00 p.m. - 01.30 p.m.	<b>Enrico Agabiti Rosei</b> (Brescia, I) <i>Old and new treatments in hypertension</i>
01.30 p.m. - 02.30 p.m.	Buffet Lunch

## Session III - Dyslipidemia and other comorbidities

Chairpersons:	<b>Marat Ezhov</b> (Moscow, RU) <b>Giuseppe Mancia</b> (Milan, I)
02.30 p.m. - 03.00 p.m.	<b>Giuseppe Mancia</b> (Milan, I) <i>Sympathic activation in cardiovascular diseases</i>
03.00 p.m. - 03.30 p.m.	<b>Francesco Fantin</b> (Verona, I) <i>Obesity and CV risk in the elderly</i>
03.30 p.m. - 04.00 p.m.	<b>Alberico L. Catapano</b> (Milan, I) <i>Intensive vs. early LDL lowering: two sides of the same coin</i>
04.00 p.m. - 04.30 p.m.	<b>Marat Ezhov</b> (Moscow, RU) <i>Current pharmacological strategies in dyslipidemia management</i>
04.30 p.m. - 05.00 p.m.	Coffee break

## Session IV - Changing the paradigm of illness

Chairpersons:	<b>Francesco Fantin</b> (Verona, I) <b>Mario Marzilli</b> (Pisa, I) <b>Sergey Nedogoda</b> (Volgograd, RU)
05.00 p.m. - 05.30 p.m.	<b>Sergey Nedogoda</b> (Volgograd, RU) <i>Practical pharmacoeconomics of arterial hypertension</i>
05.30 p.m. - 06.00 p.m.	<b>Andrey Kulikov</b> (Moscow, RU) <i>Pharmacoeconomics based decision-making process</i>
06.00 p.m. - 06.30 p.m.	<b>Vasiliy Ryazhenov</b> (Moscow, RU) <i>Saving lives by new technologies</i>

## CARDIOLOGY OF TOMORROW

### Session V - Ischemic heart disease and stable angina

Chairpersons:	<b>Filippo Crea</b> (Rome, I) <b>Juan Carlos Kaski</b> (London, UK) <b>Yury Lopatin</b> (Volgograd, RU)
09.00 a.m. - 09.30 a.m.	<b>Filippo Crea</b> (Rome, I) <i>Coronary stenosis and beyond</i>
09.30 a.m. - 10.00 a.m.	<b>Yury Lopatin</b> (Volgograd, RU) <i>Patient after myocardial revascularization: what we need to know?</i>
10.00 a.m. - 10.30 a.m.	<b>Juan Carlos Kaski</b> (London, UK) <i>Microvascular angina: importance, pathogenesis and management</i>
10.30 a.m. - 11.00 a.m.	<b>DISCUSSION</b>
11.00 a.m. - 11.30 a.m.	Coffee break
Chairpersons:	<b>Marta Carpani</b> (London, UK) <b>Juan Carlos Kaski</b> (London, UK) <b>Alexandra Konradi</b> (St. Petersburg, RU)
11.30 a.m. - 12.15 p.m.	<b>MAIN LECTURE</b> <b>Antonio Coca</b> (Barcelona, E) <i>Combination treatment and organ damage</i>
12.15 p.m. - 01.30 p.m.	Buffet Lunch

**Saturday, September 23<sup>rd</sup>, 2017**

Almazov Centre

Afternoon

## Session VI - Heart failure

Chairpersons:	<b>Grigory Arutyunov</b> (Moscow, RU) <b>Andrew J.S. Coats</b> (Melbourne, AUS) <b>Carolyn Lam</b> (Singapore, SGP)
01.30 p.m. - 02.00 p.m.	<b>Grigory Arutyunov</b> (Moscow, RU) <i>Natrium metabolism in the development of diastolic dysfunction</i>
02.00 p.m. - 02.30 p.m.	<b>Carolyn Lam</b> (Singapore, SGP) <i>HFpEF of the future - treatments in the pipeline</i>
02.30 p.m. - 03.00 p.m.	<b>Petar M. Seferovic</b> (Belgrade, SRB) <i>ESC/HFA guidelines 2016: a critical overview</i>
03.00 p.m. - 03.30 p.m.	<b>Andrew J.S. Coats</b> (Melbourne, AUS) <i>Comorbidities in the complex heart failure patient</i>
03.30 p.m. - 04.00 p.m.	<b>Giuseppe Rosano</b> (London, UK) <i>Management of comorbidities in heart failure</i>
04.00 p.m. - 04.30 p.m.	<b>CONCLUDING REMARKS</b>



## - Faculty List -

**Enrico Agabiti Rosei** (Brescia, I)  
**Grigory Arutyunov** (Moscow, RU)  
**Marta Carpani** (London, UK)  
**Alberico L. Catapano** (Milan, I)  
**Andrew J.S. Coats** (Melbourne, AUS)  
**Antonio Coca** (Barcelona, E)  
**Filippo Crea** (Rome, I)  
**Marat Ezhov** (Moscow, RU)  
**Francesco Fantin** (Verona, I)  
**Juan Carlos Kaski** (London, UK)  
**Alexandra Konradi** (St. Petersburg, RU)  
**Andrey Kulikov** (Moscow, RU)  
**Edward Lakatta** (Baltimore, USA)

**Carolyn Lam** (Singapore, SGP)  
**Yury Lopatin** (Volgograd, RU)  
**Giuseppe Mancia** (Milan, I)  
**Vyacheslav Mareev** (Moscow, RU)  
**Mario Marzilli** (Pisa, I)  
**Sergey Nedogoda** (Volgograd, RU)  
**Gianfranco Parati** (Milan, I)  
**Giuseppe Rosano** (London, UK)  
**Vasiliy Ryazhenov** (Moscow, RU)  
**Petar M. Seferovic** (Belgrade, SRB)  
**Evgeny Shlyakhto** (St. Petersburg, RU)  
**Agostino Virdis** (Pisa, I)  
**Alberto Zanchetti** (Milan, I)





## - General Information -

### MEETING VENUE

The venue for the **Opening Ceremony** will be the **Philarmonia** - Nevskiy avenue 30, St. Petersburg.

The venue for the **Meeting** will be the **Almazov National Medical Research Centre** 2 Akkuratova st., St. Petersburg.

### SECRETARIAT DURING THE MEETING

The Secretariat will be open at the following times:

At **Philarmonia**:

Thursday, September 21<sup>st</sup>, from 03:00 p.m. to 07:00 p.m.

At **Almazov National Medical Research Centre**:

Friday, September 22<sup>nd</sup>, from 08:00 a.m. to 06:00 p.m.

Saturday, September 23<sup>rd</sup>, from 08:00 a.m. to 04:30 p.m.

### OFFICIAL LANGUAGE

The official language of the Meeting will be English. A service of simultaneous translation from English to Russian will be provided.

### REGISTRATIONS

The Meeting is free to attend.

Please confirm the participation to the Organizing Secretariat: DueCi Promotion srl

Phone: +39 051 4841310 - Fax: +39 051 247165

E-mail: fschiassi@duecipromotion.com;

afrignani@duecipromotion.com within **September 8<sup>th</sup>**.

## - General Information -

### TECHNICAL FACILITIES

Facilities will be available for computer presentations and overhead projections.

A business center with PC (PowerPoint for Windows) will be available for check and preview of presentations. It is essential that speakers take their presentation to the business center at least one hour before the session starts.

The center will be open at the following times:

**At Philharmonia:**

Thursday, September 21<sup>st</sup>, from 03:00 p.m. to 07:00 p.m.

**At Almazov National Medical Research Centre:**

Friday, September 22<sup>nd</sup>, from 08:00 a.m. to 06:00 p.m.

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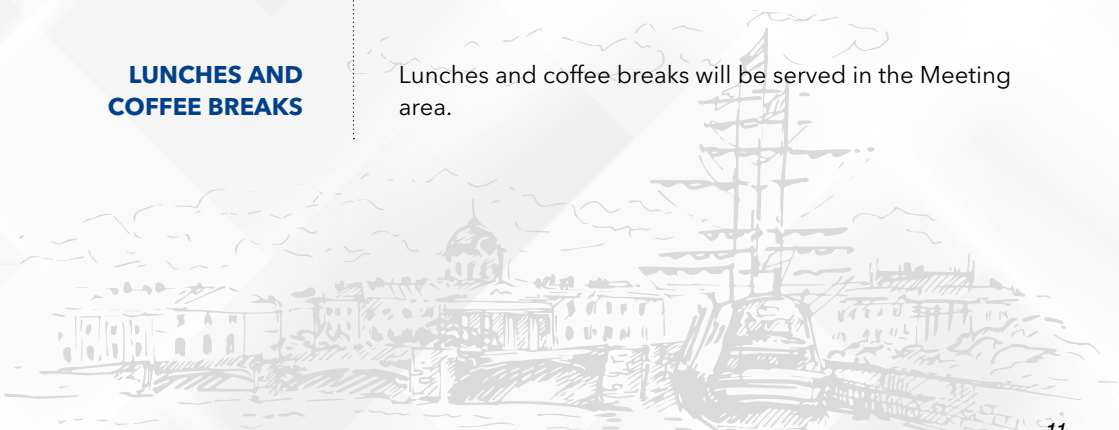
### HOTEL ACCOMMODATION

For information on hotels in St. Petersburg, please refer to our local agency:

Events Plus - E-mail: [viktoria@conferencesandcongresses.ru](mailto:viktoria@conferencesandcongresses.ru)

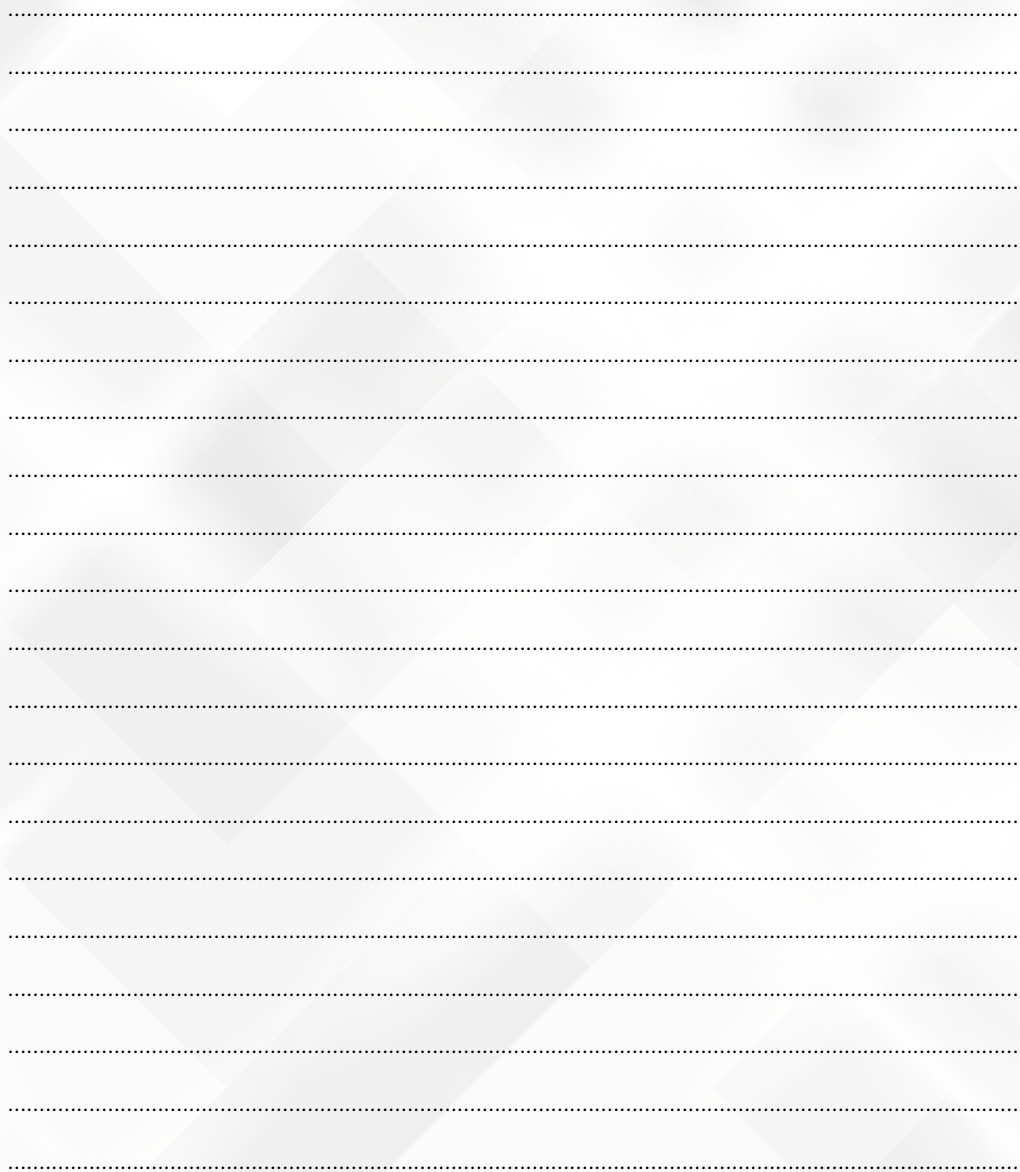
### LUNCHEES AND COFFEE BREAKS

Lunches and coffee breaks will be served in the Meeting area.



- Note -

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