

Is it time for worldwide consensus hypertension guidelines?

*Venue: El Palauet
Passeig de Gràcia 113
Barcelona, Spain*

Tuesday June 12th, 2018

- 09:00-09:15 **Welcome**
Antonio Coca
Short introduction of participants
- 09:15-10:45 **Session 1. Definition of hypertension**
- Definition in the 2017 ACC/AHA Guidelines: why a modification?**
Paul Whelton (USA)
- Definition in the 2018 ESC/ESH Guidelines: why maintaining?**
Giuseppe Mancina (Italy)
- World impact of changes in the hypertension definition**
Venkata Ram (India)
Murray Esler (Australia)
Ernesto Schiffrin (Canada)
Alta Schutte (South Africa)
López-Jaramillo (Colombia)
Luis Alcocer (Mexico)
Josep Redón (Spain)
- Comments:**
All participants
- 10:45-11:15 Coffee break
- 11:15-12:45 **Session 2. Thresholds to start treatment**
- 2017 ACC/AHA Guidelines**
Kenneth Jamerson (USA)
- 2018 ESC/ESH Guidelines**
Enrico Agabiti-Rosei (Italy)
- Comments about differences: is it possible to reconcile the differences?**
Bonita Faulkner (USA)
Empar Lurbe (SPAIN)
Thomas Kahan (Sweden)
Claudio Borghi (Italy)
Frans Messerli (Switzerland)
- Comments:**
All participants
- 12:45-14:00 Lunch

- 14:00-15:30 **Session 3. Blood Pressure Targets**
- 2017 ACC/AHA Guidelines**
Paul Whelton (USA)
- 2018 ESC/ESH Guidelines**
Giuseppe Mancina (Italy)
- Comments: are there significant differences in the guidelines?**
Kostas Tsioufīs (Greece)
Jiguang Wang (China)
Gianfranco Parati (Italy)
Stéphane Laurent (France)
- Comments:**
All participants
- 15:30-16:00 Coffee break
- 16:00-17:30 **Session 4. Treatment strategies: start in combination for all?**
- 2017 ACC/AHA Guidelines**
Paul Whelton (USA)
- 2018 ESC/ESH Guidelines**
Giuseppe Mancina (Italy)
- Comments:**
All participants
- 17:30-18:00 **Closure: Summary and conclusions**
Antonio Coca (Spain)