



European Atherosclerosis Society

**Fondazione Internazionale Menarini Symposium
at 86th EAS Congress on:**

**THE MULTIFACETED ASPECTS OF CV PREVENTION:
FROM NUTRITION TO THERAPY**

Lisboa (Portugal), May 5th, 2018

WITH AN UNRESTRICTED GRANT BY



**FONDAZIONE
INTERNAZIONALE
MENARINI**

PROGRAMME

Congress Venue: Centro de Congressos de Lisboa, Lisboa (Portugal)

**Under the Auspices of
EAS “European Atherosclerosis Society”**

Chairs of the Meeting

Prof. Alberico L. Catapano

Prof. Xavier Pinto

Prof. Alberto Mello e Silva

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Organizing Secretariat

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Saturday, May 5th 2018 – Morning

Chairpersons: **A. L. Catapano** (Milan, I), **X. Pinto** (Barcelona, E), **A. Mello e Silva** (Lisboa, PT)

- 08.30 a.m. **S. Yusuf** (Hamilton, CA)
Diet and CVD the epidemiological view
- 09.00 a.m. **E. Ros** (Barcelona, E)
Why does the diet rich in unsaturated fat protect against cardiovascular disease? Differences between nuts and extra virgin olive oil
- 09.30 a.m. **A. Poli** (Verona, I)
Effects of saturated vs monounsaturated fat on health. New evidences and controversies
- 10.00 a.m. **A. Hernáez** (Madrid/Barcelona, E)
Molecular and biochemical mechanisms involved in the protective effect of Mediterranean diet against atherosclerosis
10. 30 a.m. Discussion
- 11.00 a.m. *Coffee Break*
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Saturday, May 5th 2018 – Afternoon

- 11.30 a.m. **M. A. Martínez** (Navarra, E)
The nutritional advice in daily practice and the pyramid of the Mediterranean diet: can we be effective in the long term?
- 12.00 p.m. **P. Perez-Martínez** (Cordoba, E)
Diet and health: What is the role of microbiota?
- 12.30 p.m. **B. Ference** (Cambridge, UK)
Lifestyle and Genetics an interaction contributing to CV risk
- 01.00 p.m. Discussion
- 01.30 p.m. *Lunch*

Saturday, May 5th 2018 – Afternoon

- 02.30 p.m. **M. Piepoli** (Piacenza, I)
Prevention of CVD guidelines from dietary and lifestyle intervention to therapy
- 03.00 p.m. **M. Pirro** (Perugia, I)
Lipid-modifying effects of nutraceuticals: an evidence-based approach
- 03.30 p.m. Final Discussion
- 04.00 p.m. Closing of the meeting

FACULTY

A. L. Catapano (Milan, I - Past President EAS; Professor of Pharmacology University of Milan)

B. A. Ference (Cambridge, UK - Clinical Chief of the Division of Cardiovascular Medicine, Director of the Cardiovascular Genomic Research Center, and Chief of the Division of Translational Research and Clinical Epidemiology at Wayne State University)

A. Hernández (Madrid/Barcelona, E)

M. A. Martínez (Navarra, E - Chair of the Department of Preventive Medicine and Public Health at University of Navarra at the Medical School and Principal Investigator of an Advanced Research Grant of the European Research Council)

P. Perez-Martínez (Cordoba, E - Profesor Titular Medicina UGC Medicina Interna, Hospital Universitario Reina Sofía IMIBIC/Universidad de Córdoba)

A. Mello e Silva (Lisboa, PT – Prof. Hospital da Luz Clínica da Amadora; Hospital da Luz Clínica de Oeiras)

M. Piepoli (Piacenza, I – Dr. Heart Failure Unit, Cardiology G da Saliceto Hospital)

X. Pinto (Barcelona, E - President Spanish Society of Arteriosclerosis Hospitalet de Llobregat)

M. Pirro (Perugia, I)

A. Poli (Verona, I – Dr. Department of Diagnostic and Public Health, University of Verona, Verona, Italy.)

E. Ros (Barcelona, E – Dr. Endocrinology & Nutrition, Hospital Clínic de Barcelona)

S. Yusuf (Hamilton, CA – Prof. McMaster University, Hamilton Health Sciences)

GENERAL INFORMATION

Meeting venue

The venue for the Meeting will be “**Centro de Congressos de Lisboa**” – Lisboa (Portugal).
The Meeting will be in Carolina Beatriz Ângelo HALL (Auditorium VII)

Secretariat during the Meeting

The Secretariat will be open at the following times:
Saturday 5 May, from 08.00 – 20.00

Official language

The official language of the Meeting will be English.

Registration

Please visit the congress website eas2018.com/registration/register/

Technical facilities

Facilities will be available for computer presentations and overhead projections.
A business center with PC (Powerpoint for Windows) will be available for check and preview of presentations. It is essential that speakers take their presentation to the business center at least one hour before the session starts.

Lunch and coffee break

Lunch will be served in Carolina Beatriz Ângelo HALL (Auditorium VII) and coffee break will be served in the foyer of the Carolina Beatriz Ângelo HALL (Auditorium VII).

Fondazione Internazionale Menarini

Symposia n. 387