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INTERNATIONAL SYMPOSIUM ON:
**UPDATE FOR CARDIOLOGY.
UPDATE IN ECHOCARDIOGRAPHY**
FOR THE PRACTITIONER

JULY 25TH 2018 MOMBASA (KENYA)

Organized by:

**Kenya Cardiac Society,
Nairobi (KE)**

**Advocate Aurora Health Care,
Milwaukee (WI)**

**Aga Khan University Hospital,
Nairobi (KE)**



THE 36TH KCS ANNUAL SCIENTIFIC CONFERENCE: MOMBASA

KCS2018 FOCUS: HEALTH ADVOCACY - EARLY DETECTION, EARLY INTERVENTION

PRE-CONGRESS WORKSHOP 25TH JULY 2018

Kenya Cardiac Society is the national society for cardiologists and healthcare professionals with special interests in cardiovascular medicine. It is independent, volunteer-led and non-profit. KCS goes back to 1981 and is thus one of the oldest medical societies in the country. KCS works closely with the Ministry of Health and has in the past year worked as experts in facilitating the recently launched Ministry of Health CVD Guidelines.

It gives me immense pleasure to welcome you to KCS2018 and in particular to the pre-congress program. This pivotal event importantly allows health professionals to remain up-to-date with the latest advances in cardiovascular care while networking with top-scientists and physicians from East Africa and across the world.


This year KCS2018, has something new. We have organized a registration-free two-track pre-congress workshop, with a limited number of slots. In the CVD-foundation track, top world-renowned specialists and ESC Fellows will take us through basic principles in cardiology and focus on dilemmas that we face on a daily basis. Concurrently an advanced echo-course led by the US-based authority in echocardiography, cardiologist Bijoy Khandheria will focus on top-of-the-line echo skills.

This is yet another opportunity to develop professional relationships which we are sure will boost your career.

We, at our end, have spared no effort to connect the smallest threads to yield what promises to be a comprehensive, world class pre-congress workshop followed by the two and half days of the annual KCS Scientific Conference.

Bernard GITURA, MD, FACC

Co-President of the Meeting



CONGRESS VENUE

Pride Inn Paradise Hotel

Mombasa - Kenya

UNDER THE AUSPICES OF

Kenya Cardiac Society, Nairobi (KE)

Advocate Aurora Health Care, Milwaukee (WI)

Aga Khan University Hospital, Nairobi (KE)

CO-PRESIDENTS OF THE MEETING

Bijoy K. Khandheria

Karen Yontz Center of Cardio oncology Aurora Health Care,
Milwaukee, WI, US

Bernard Muriuki Gitura

Division of Medicine, Kenyatta National Hospital,
Nairobi, Kenya

Anders Barasa

Department of Medicine, Aga Khan University Hospital,
Nairobi, Kenya

WITH AN UNRESTRICTED GRANT BY

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PROFESSIONAL CONGRESS ORGANIZATION

Congress Lab Srl

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Referee:

Alessia Foti - alessia.foti@congresslab.it

Final Programme

Wednesday, July 25th 2018 - Morning

08.00 a.m.	Arrival and registration
08.30 a.m.	Welcome Address B. K. Khandheria (Milwaukee, WI, US), B. M. Gitura (Nairobi, KE)

Room Arabuko 1 - Basic Topics in Cardiology

Chairperson:	D. K. Gikonyo (Nairobi, KE)
09.00 a.m.	L. E. Poulimenos (Athens, GR) Cardiovascular risk - How to assess my patient with high residual risk factor profile: the basics
09:30 a.m.	L. E. Poulimenos (Athens, GR) Hypertension: European Guidelines 2018
10:00 a.m.	E. Ogola (Nairobi, KE) The ACC/AHA 2017 Hypertension Guidelines: will they change management in Kenya?
11.00 a.m.	<i>Coffee break</i>
11.15 a.m.	B. K. Khandheria (Milwaukee, WI, US) AF - A common comorbidity: how to manage rhythm, rate and anticoagulation
11.45 a.m.	H. A. Otieno (Nairobi, KE) CAD - Secondary prevention and management
12.30 p.m.	<i>Lunch</i>

Wednesday, July 25th 2018 - Afternoon

Room Arabuko 1 - Basic Topics in Cardiology

Chairperson:	L. E. Poulimenos (Athens, GR)
02.00 p.m.	O. Ogah (Ibadan, NGA) HF - How to manage, and when to refer
03.00 p.m.	<i>Coffee break</i>
03.15 p.m.	J. Lawrenson (Cape Town, ZA) Pulmonary hypertension: state of the art 2018
04.15 p.m.	B. Cupido (Cape Town, ZA) Update in Cardiology 2017/2018: latest trials, changes in guidelines. Putting it all together
05.15 p.m.	Take home messages

Wednesday, July 25th 2018 - Morning

Room Dodori - Advanced 2D Echo for cardiologists and echo technicians

Chairperson:	A. Barasa (Nairobi, KE)
09.00 a.m.	M. M. Umland (Milwaukee, WI, US) ASE Guidelines on chamber qualification: LV, RV, LA, Aorta, EF
09.30 a.m.	S. Roemer (Milwaukee, WI, US) Basic Doppler Hemodynamics: the right way. CI, Valve Area, Gradients
10.00 a.m.	B. K. Khandheria (Milwaukee, WI, US) Aortic Stenosis: Valve Area, Gradients
10.30 a.m.	G. Scalia (Brisbane, AU) Diastolic Function: a simple way to evaluate
11.00 a.m.	<i>Coffee break</i>
11.15 a.m.	G. Scalia (Brisbane, AU) Mitral and Aortic Regurgitation: comprehensive evaluation
11.45 a.m.	M. T. Jensen (Copenhagen, DK) Tissue Doppler - clinical application and significance
12.30 p.m.	<i>Lunch</i>

Wednesday, July 25th 2018 - Afternoon

Room Dodori - Advanced 2D Echo for cardiologists and echo technicians

02.00 p.m.	B. K. Khandheria (Milwaukee, WI, US) Prosthetic valve assessment - 5 common mistakes
02.30 p.m.	M. T. Jensen (Copenhagen, DK) Speckle - tracking for the clinician - Utility in daily practice
03.00 p.m.	<i>Coffee break</i>
03.15 p.m.	M. M. Umland (Milwaukee, WI, US), S. Roemer (Milwaukee, WI, US), B. K. Khandheria (Milwaukee, WI, US), G. Scalia (Brisbane, AU), M. T. Jensen (Copenhagen, DK) Case series in cardiomyopathy, cardiac masses
05.15 p.m.	Take home messages

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JULY 25TH 2018 MOMBASA (KENYA)



FACULTY LIST

Anders Barasa

Aga Khan University Hospital (Nairobi, KE)

Blanche Jeline Cupido

Groote Schuur Hospital (Cape Town, ZA)

Daniel Kibuka Gikonyo

The Karen Hospital (Nairobi, KE)

Bernard Muriuki Gitura

Kenyatta National Hospital (Nairobi, KE)

Magnus Thorsten Jensen

Copenhagen University Hospital Bispebjerg (Copenhagen, DK)

Bijoy K. Khandheria

Aurora Health Care (Milwaukee, WI, US)

John Lawrenson

Redcross Children's Hospitals (Cape Town, ZA)

Okechukwu Samuel Ogah

University College Hospital (Ibadan, NG)

Elijah Ogola

University of Nairobi (Nairobi, KE)

Harun A. Otieno

Aga Khan University Hospital (Nairobi, KE)

Leonidas E. Poulimenos

Asclepeion Voulas General Hospital (Athens, GR)

Sarah Marie Roemer

Aurora St. Luke's Regional Medical Center (Milwaukee, US)

Gregory Scalia

The Prince Charles Hospital (Brisbane, AU)

Matt Umland

Aurora Health Care (Milwaukee, US)

GENERAL INFORMATION

Meeting venue

The venue for the Meeting will be:
Pride Inn Paradise Hotel
Malindi Road, Shanzu Beach, Mombasa, Kenya
<http://prideinnparadise.com/prideinn/>

Secretariat during the Meeting

The Secretariat will be open at the following times:
Wednesday, July 25th, from 8.00 a.m. to 06.30 p.m.

Official language

The official language of the Meeting will be English.

Registration

The Meeting is free to attend.
Please sign up here: http://congresslab.it/international-symposium_mombasa2018/
For any question and support please contact the Professional Congress Organization
(Congress Lab Srl: Phone 1: +39 0281838120 - Cell: +39 3209066533
Fax: +39 02 87181580 - E-mail: fondazione@congresslab.it)

Technical facilities

Facilities will be available for computer presentations and overhead projections.
A business center with PC (Powerpoint for Windows) will be available for check and preview of presentations. It is essential that speakers take their presentation to the business center at least one hour before the session starts.
The center will be open at the following times:
Wednesday, July 25th, from 8.00 a.m. to 06.30 p.m.

Lunches and coffee breaks

Lunches and coffee breaks will be served in the Meeting area.

Fondazione Internazionale Menarini
Symposia n. 397

