



INTERNATIONAL SYMPOSIUM ON:

Bridging the gap between guidelines and practice

Shangri-La at the Fort, Manila (Philippines)
March 23rd - 24th, 2017



CO-PRESIDENTS

Andrew J.S. Coats

Monash-Warwick Alliance Strategy
Monash University, Melbourne, Australia

Giuseppe Rosano

Cardiology Clinical Academic Group
St. George's Hospital, London, UK

PROMOTED BY:



FONDAZIONE
INTERNAZIONALE
MENARINI

In recent years, the increased survival rates of patients with acute cardiovascular and cerebrovascular events, the progressive ageing of the population worldwide and the increased prevalence of risk factors such as obesity, diabetes and arterial hypertension appear to have resulted in an increased incidence of MI, heart failure and stroke. Cardiovascular and stroke specialists, general physicians and health carers in general, face important challenges in this area. New management strategies have been proposed in recent years and it is necessary to carefully evaluate its usefulness and the true role that these new therapeutic and preventative approaches play in clinical practice.

There is compelling evidence that in patients with cardiovascular disease, and in subjects with an increased risk of developing cardiovascular events, comprehensive risk factor management result in improved clinical outcomes, including increased survival and improved quality of life. Several studies have demonstrated that multiple risk factors have a major impact on the general population and that their multimodal modification will decrease incidence of coronary heart disease. Despite improved knowledge in recent years and useful clinical guidelines issued by International societies, the vast majority of patients and individuals at risk are not adequately treated. There are many reasons for this including different social, financial, and health care conditions in different countries. The workshop, aimed at practicing specialist cardiologists and internal medicine specialists, will endeavor to provide the pathophysiological basis for a better understanding of currently proposed treatments and preventative measures. The attendees will be updated on the importance of novel risk factors for cardiovascular and cerebrovascular disease and innovative approaches to improve treatment and prevention. Experts will discuss current International guidelines and ways of applying their recommendations to patients in everyday clinical practice. It is expected that attendees will gain insight into modern assessment of patient cardiovascular risk, prevention and management strategies in IHD, stroke and atrial fibrillation.



*Prof. Andrew J.S. Coats & Prof. Giuseppe Rosano
Co-Presidents of the Meeting*

**UNDER
THE AUSPICES OF /IN
COLLABORATION
WITH:**

ISMERI

International Society for Medical Education
Research and Implementation

Monash Warwick Alliance

Monash Warwick Alliance Office

**CO-PRESIDENTS OF
THE MEETING**

Prof. Andrew J. S. Coats

Monash-Warwick Alliance Strategy
Monash University, Melbourne, Australia

Prof. Giuseppe Rosano

Cardiology Clinical Academic Group
St. George's Hospital, London, UK

**SCIENTIFIC
SECRETARIAT**

Andrew J. S. Coats

Giuseppe Rosano

Romeo Divinagracia

Loewe Go

Raul Lapitan

Dante Morales

Louise Shewan

Cristiana Vitale

PROMOTED BY

Fondazione Internazionale Menarini

Centro Direzionale Milanofiori

20089 Rozzano (Milan, Italy)

Edificio L - Strada 6

Phone: +39 02 55308110

Fax: +39 02 55305739

E-mail: milan@fondazione-menarini.it

www.fondazione-menarini.it

**ORGANIZING
SECRETARIAT**

MICOM srl

Via Bernardino Verro, 12 - 20141, Milan (Italy)

Tel. +39 02 895 18 895

Email: robert.rogers@micom.it

www.micom.it

Final Programme

March 23rd Morning

09:00 a.m.	<i>Welcome address</i> A. J. S. Coats (<i>Warwick, UK/Melbourne, AUS</i>) G. Rosano (<i>London, UK</i>) R. Lapitan (<i>Makati City, PH</i>) Fondazione Internazionale Menarini (<i>Florence, I</i>)
09:15 a.m.	R. Ferrari (<i>Ferrara, I</i>) <i>Opening Lecture</i> <i>An era of evidence based treatment of cardiovascular disorders</i> <i>Major unmet needs in the cardiovascular area: should we continue with large evidence based trials or more focused ones as with oncology?</i>

Session 1 **Hypertension: challenges and solutions**

Chairpersons:	A. J. S. Coats (<i>Warwick, UK/ Melbourne, AUS</i>) R. Lapitan (<i>Makati City, PH</i>)
09:45 a.m.	V. Mollace (<i>Catanzaro, I</i>) <i>A comparison between ESC, JNC8 and NICE in the treatment of hypertension</i>
10:05 a.m.	D. Morales (<i>Manila, PH</i>) <i>Should we SPRINT to reduce blood pressure?</i>
10:25 a.m.	G. Rosano (<i>London, UK</i>) <i>Beta-receptor selectivity and clinical outcomes</i>
10:45 a.m.	Panel: Chairs and Speakers
11:15 a.m.	Coffee break

Session 2 **Hypertension in the complex patient**

Chairpersons:	D. Morales (<i>Manila, PH</i>) P. Seferovic (<i>Belgrade, SRB</i>)
11:30 a.m.	G. Rosano (<i>London, UK</i>) <i>Arterial hypertension and endothelial dysfunction</i>
11:50 a.m.	V. Mollace (<i>Catanzaro, I</i>) <i>Stroke prevention and anticoagulation in non valvular atrial fibrillation in hypertension</i>
12:10 p.m.	M. Lainscak (<i>Murska Sobota, SLO</i>) <i>Drug treatment of hypertension to prevent atrial fibrillation and management of hypertensive patients with atrial fibrillation</i>
12:30 p.m.	Panel: Chairs and Speakers
01:00 p.m.	Lunch

Session 3 **Coronary artery disease and angina: are we optimising therapy?**

Chairpersons:	G. Rosano (London, UK) R. Castillo (Manila, PH)
02:00 p.m.	L. Go (Manila, PH) <i>Chronic stable angina: epidemiology and disease-specific burden</i>
02:15 p.m.	Y. Lopatin (Volgograd, RU) <i>Guidelines on management of CAD differences and similarities</i>
02:30 p.m.	N. Abelardo (Manila, PH) <i>Coronary artery disease in the complex patient with comorbidities</i>
02:45 p.m.	A. J. Manolis (Athens, GR) <i>The role of late Na channel blockade in the management of CSA</i>
03:00 p.m.	Panel: Chairs and Speakers
03:30 p.m.	Coffee break

Session 4 **Diabetes: new paradigms for treatment with CV protection**

Chairpersons:	A. J. S. Coats (Warwick, UK/ Melbourne, AUS) D. Morales (Manila, PH)
03:45 p.m.	P. Seferovic (Belgrade, SRB) <i>What is the optimal target of glucose control in patients with increased cardiovascular risk?</i>
04:05 p.m.	G. Rosano (London, UK) <i>New molecules effective in reducing cardiovascular mortality in diabetes</i>
04:25 p.m.	M. Lainscak (Murska Sobota, SLO) <i>Cardiovascular drugs in diabetic patients, how to choose</i>
04:45 p.m.	Panel: Chairs and Speakers with V. Mollace (Catanzaro, I)
05:30 p.m.	End of first day

March 24th Morning

Session 5 Heart Failure: implementing modern guidelines

Chairpersons:	A. J. S. Coats (<i>Warwick, UK/ Melbourne, AUS</i>) G. Gervacio (<i>Manila, PH</i>)
09:00 a.m.	J. Celutkienė (<i>Vilnius, LT</i>) <i>New diagnostic pathways</i>
09:20 a.m.	R. Divinagracia (<i>Manila, PH</i>) <i>What's new in the treatment algorithms</i>
09:40 a.m.	E. Jankowska (<i>Wroclaw, PL</i>) <i>Appropriate use of devices</i>
10:00 a.m.	Panel: Chairs and Speakers
10:30 a.m.	Coffee break

Session 6 HF with co-morbidities: the patient centred journey

Chairpersons:	M. Volterrani (<i>Rome, I</i>) J. Celutkienė (<i>Vilnius, LT</i>)
10:45 a.m.	E. Jankowska (<i>Wroclaw, PL</i>) <i>How to look for and how to manage iron deficiency</i>
11:05 a.m.	M. Lainscak (<i>Murska Sobota, SLO</i>) <i>The difficult dilemma: CHF with COPD</i>
11:25 a.m.	A. J. S. Coats (<i>Warwick, UK/ Melbourne, AUS</i>) <i>Hypertension and coronary artery disease</i>
11:45 a.m.	Panel: Chairs and Speakers
12:15 p.m.	A. J. S. Coats (<i>Warwick, UK/ Melbourne, AUS</i>) and G. Rosano (<i>London, UK</i>) <i>Main session closing remarks and take home messages</i>
12:30 p.m.	Lunch

March 24th Afternoon

Extended Programme Session

01:30 p.m.	INTERACTIVE GROUP WORKSHOPS: - M. Volterrani (<i>Rome, I</i>) <i>Algorithms for the treatment of angina pectoris</i> - G. Rosano (<i>London, UK</i>) <i>Diagnosis and treatment of DVT</i> - V. Mollace (<i>Catanzaro, I</i>) <i>The role of nutraceuticals in cardiovascular therapy</i>
03:30 p.m.	V. Mollace (<i>Catanzaro, I</i>), G. Rosano (<i>London, UK</i>), M. Volterrani (<i>Rome, I</i>) <i>Presentation of group workshop findings</i>
04:30 p.m.	A. J. S. Coats (<i>Australia/UK</i>) and G. Rosano (<i>London, UK</i>) <i>Final closing remarks and take home messages</i>
05:15 p.m.	End of final day

GENERAL INFORMATION

Meeting venue

The venue for the Meeting will be “Shangri-La at the Fort” – 30th Street corner 5th Street, Bonifacio Global City, Taguig, Manila (Philippines)

Secretariat during the Meeting

The Secretariat will be open at the following times:

Thursday, March 23rd 2017, from 08.00 a.m. to 05.30 p.m.

Friday, March 24th 2017, from 08.00 a.m. to 05.15 p.m.

Official language

The official language of the Meeting will be English.

European Board for Accreditation in Cardiology

In compliance with EBAC/ EACCME guidelines, all speakers/chairpersons participating in this programme have disclosed potential conflicts of interest that might cause a bias in the presentations. The Organising Committee is responsible for ensuring that all potential conflicts of interest relevant to the programme are declared to the audience prior to the CME activities.

Recipients of the initiative:

Medical Doctors Specialist: Cardiology, Internal Medicine, Geriatrics, Emergency Medicine

Total hours of scientific sessions: 14

Registration

The Meeting is free to attend. Please confirm your participation to the Organizing Secretariat MICOM Srl – tel. +39 02 895 18 895 - email: robert.rogers@micom.it - website: www.micom.it

Within March 6th 2017

Technical facilities

Facilities will be available for computer presentations and overhead projections. A business center with PCs (Powerpoint for Windows) will be available to check and preview presentations. It is essential that speakers take their presentation to the business center at least one hour before the session starts.

The center will be open at the following times:

Thursday, March 23rd 2017, from 08.00 a.m. to 05.30 p.m.

Friday, March 24th 2017, from 08.00 a.m. to 05.15 p.m.

Lunches and coffee breaks

Lunches and coffee breaks will be served in the Meeting area.

Faculty List

Nelson Abelardo

Manila Doctors Hospital
Manila, Philippines

Rafael R. Castillo

Manila Doctors Hospital
Manila, Philippines

Jelena Celutkiene

Vilnius University Medical Facility
Board Member – Heart Failure
Association of the ESC
Vilnius, Lithuania

Andrew J.S. Coats

Monash University
Melbourne Australia
University of Warwick
Warwick, United Kingdom

Romeo Divinagracia

Philippine Heart Centre
Manila, Philippines

Roberto Ferrari

Università di Ferrara
Centro di Fisiopatologia Cardiovascolare
“Salvatore Maugeri”
Ferrara, Italy

Giselle Gervacio

Philippine Heart Centre
Manila, Philippines

Loewe Go

St Luke’s Medical Center, Quezon City
Manila, Philippines

Eva Jankowska

Wroclaw Medical University
Wroclaw, Poland

Mitja Lainscak

University of Ljubljana,
General Hospital Murska Sobota
Ljubljana, Slovenia

Raul Lapitan

Makati Medical Center,
Makati City, Philippines

Yuri Lopatin

Volgograd State Medical University,
Volgograd Regional Cardiology Center,
Board Member – Heart Failure Association
of the ESC
Volgograd, Russia

Faculty List

Athanasios J. Manolis

Asklepeion Hospital, Athens,
Emory University
Atlanta, GA, USA
Boston University, Boston, USA
Athens, Greece

Vincenzo Mollace

Università Magna Graecia,
Catanzaro, Italy

Dante Morales

Philippine Heart Centre
Manila, Philippines

Giuseppe Rosano

St. George's University of London
Board Member - Heart Failure
Association of the ESC
London, United Kingdom

Petar Seferovic

Clinical Centre of Serbia
Belgrade University School of Medicine
Belgrade, Serbia

Louise Shewan

Monash University
Melbourne, Australia
University of Warwick
Warwick, United Kingdom

Cristina Vitale

Clinical Trial Center
IRCCS San Raffaele Hospital
Rome, Italy

Maurizio Volterrani

“San Raffaele-Pisana” Medical Centre Roma
Rome, Italy

