

NEW STRATEGIES  
FOR REDUCING CARDIOVASCULAR RISK:  
**FROM OLD RISK FACTORS TO  
EMERGING DIAGNOSTIC AND  
THERAPEUTIC OPPORTUNITIES**

**CENTRO CONGRESSI  
FEDERICO II**

*Via Partenope, 36  
Naples (Italy)*

PROMOTED BY:



FONDAZIONE  
INTERNAZIONALE  
MENARINI

**2017**  
February 9<sup>th</sup> - 11<sup>th</sup>

*Organized by:*  
Department of Advanced Biomedical Sciences  
Federico II University of Naples (Italy)

*Course Director*  
Pasquale Perrone Filardi  
Department of Advanced Biomedical Sciences  
Federico II University of Naples (Italy)

*Congress Chairs:*  
Pasquale Perrone Filardi  
Bruno Trimarco





## COURSE DIRECTOR:

**Pasquale Perrone Filardi**

Department of Advanced Biomedical Sciences

Federico II University, Naples, Italy

## PROMOTED BY:

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# PROGRAMME

## Day One

Thursday 9<sup>th</sup> February 2017

- 03.00 p.m. Welcome address  
**Luigi Califano** (Naples, Italy)
- 03.30 p.m. Presentation of Educational Needs
- Chairperson: **Pasquale Perrone Filardi** (Naples, Italy)
- 04.00 p.m. Lecture: “New insights in the pathophysiology of hypertension”  
**Bruno Trimarco** (Naples, Italy)
- 05.00 p.m. Discussion and Question Time  
on “New insights in the pathophysiology of hypertension”
- Chairperson: **Pasquale Perrone Filardi** (Naples, Italy)
- 05.30 p.m. Lecture: “Heart Failure and Diabetes  
epidemiology, pathophysiology and management options”  
**Stefan Anker** (Göttingen, Germany)
- 06.30 p.m. Discussion and Question Time on “Heart Failure and Diabetes  
epidemiology, pathophysiology and management options”
- 07.00 p.m. Closing remarks of the day

SESSION I: IDENTIFYING HIGH RISK ASYMPTOMATIC PATIENTS:  
EMERGING RISK FACTORS AND STRATEGIES

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- 08.30 a.m. Introduction  
**Pasquale Perrone Filardi** (Naples, Italy)
- Chairpersons: **Francesco Fedele** (Rome, Italy)  
**Marco Metra** (Brescia, Italy)
- 09.10 a.m. “Refining CV risk in asymptomatic subjects: the role of biomarkers”  
**Massimo Volpe** (Rome, Italy)
- 09.40 a.m. “Subclinical organ damage: the role of imaging”  
**Paolo Colonna** (Bari, Italy)
- 10.10 a.m. “Epicardial adipose tissue: an emerging opportunity for risk stratification”  
**Dario Leosco** (Naples, Italy)
- 10.40 a.m. “Prenatal Epigenetic and CV risk profiling”  
**Giuseppe Mercurio** (Cagliari, Italy)
- 11.10 a.m. Discussion
- 11.30 a.m. Coffee Break

SESSION II: FACING CARDIOVASCULAR RISK: FOCUS ON GLYCEMIA

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- Chairpersons: **Dario Giugliano** (Naples, Italy)  
**Vincenzo Mollace** (Catanzaro, Italy)
- 11.50 a.m. “Metabolic syndrome, insulin resistance and CV risk”  
**Stefania Paolillo** (Naples, Italy)
- 12.20 p.m. “How low glycated haemoglobin should be in the high risk patient?”  
**Giorgio Sesti** (Catanzaro, Italy)

- 12.50 p.m. “Anti-diabetic drugs and CV events: what the cardiologist did not expect”  
**Giovanni Esposito** (Naples, Italy)
- 01.20 p.m. “Mediterranean diet, olive oil and CV risk”  
**Katherine Esposito** (Naples, Italy)
- 01.50 p.m. Discussion
- 02.00 p.m. Light lunch

### III SESSION: FACING CARDIOVASCULAR RISK: FOCUS ON LIPIDS

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Chairpersons: **Salvatore Novo** (Palermo, Italy)  
**Francesco Romeo** (Rome, Italy)

- 02.40 p.m. “Targeting LDL in high risk patients: how low we should get? How?”  
**Paolo Calabrò** (Naples, Italy)
- 03.00 p.m. “Beyond LDL: are there additional lipid parameters we should focus on?”  
**Alberico L. Catapano** (Milan, Italy)
- 03.20 p.m. “New pharmacologic anti-lipidic strategies on the horizon”  
**Maurizio Averna** (Palermo, Italy)
- 03.40 p.m. “CV risk prevention in patients at intermediate risk:  
the message from the HOPE 3 trial”  
**Pasquale Perrone Filardi** (Naples, Italy)
- 04.00 p.m. Discussion
- 04.10 p.m. Coffee break

## IV SESSION: FACING CARDIOVASCULAR RISK: FOCUS ON BLOOD PRESSURE

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Chairpersons: **Gianfranco Parati** (*Milan, Italy*)

**Marino Scherillo** (*Benevento, Italy*)

04.30 p.m. Reconciling SPRINT and HOPE3 trials:  
is intensively reducing blood pressure useful?

**Giuseppe Mancia** (*Milan, Italy*)

05.00 p.m. Hyperuricemia, blood pressure and metabolic syndrome:  
linking uric acid to CV events

**Claudio Borghi** (*Bologna, Italy*)

05.20 p.m. Traveling through the anti-hypertensive drug combinations:  
how the choice should be guided

**Davide Grassi** (*L'Aquila, Italy*)

05.40 p.m. Discussion

06.00 p.m. Closing Remarks of the Day

SESSION V: FACING CARDIOVASCULAR RISK: FOCUS ON PLATELETS

Chairpersons: **Ciro Indolfi** (Catanzaro, Italy),  
**Scipione Carerj** (Messina, Italy)

08.40 a.m. Introduction to Day 3's Topics and Chairman  
**Pasquale Perrone Filardi** (Naples, Italy)

09.00 a.m. "Prolonging DAPT in the chronic patients: in whom? For how long?"  
**Federico Piscione** (Salerno, Italy)

10.00 a.m. "Aspirin in primary prevention: what more we need to know"  
**Carlo Patrono** (Rome, Italy)

11.00 a.m. Discussion

11.15 a.m. Coffee break

11.30 a.m. "The role of thrombin receptor antagonists"  
**Giuseppe Ambrosio** (Perugia, Italy)

12.30 p.m. "The need for DAPT after last generation DES"  
**Davide Capodanno** (Catania, Italy)

01.30 p.m. Panel Discussion: Facing Cardiovascular Risk - Focus on Platelets

02.30 p.m. Closing Remarks and adjourn

03.00 p.m. Test CME



- **GIUSEPPE AMBROSIO**

Cardiology, School of Medicine  
University of Perugia, Italy

- **STEFAN ANKER**

Professor of Innovative Clinical Trials  
(Cardiology & Cachexia Research)  
Innovative Clinical Trials, Department  
of Cardiology & Pneumology  
University Medical Center Göttingen (UMG)  
Göttingen, Germany

- **MAURIZIO AVERNA**

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University of Palermo, Italy

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Department of Cardiothoracic  
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University of Campania  
"Luigi Vanvitelli", Naples, Italy

- **LUIGI CALIFANO**

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- **DAVIDE CAPODANNO**

University of Catania, Catania, Italy  
Interventional Cardiologist  
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- **SCIPIONE CARERJ**

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and Experimental Medicine  
Noninvasive Cardiology  
University of Messina, Italy

- **ALBERICO L. CATAPANO**

Center of Epidemiology  
and Preventive Pharmacology  
Laboratory of Lipoproteins  
Immunity and Atherosclerosis  
Department of Pharmacological  
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Center for the Study of Atherosclerosis  
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- **DAVIDE GRASSI**

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- **CIRO INDOLFI**

Dipartimento di Scienze Mediche e Chirurgiche  
e dell'URT del CNR dell'Università "Magna Graecia"  
di Catanzaro, Italy

- **DARIO LEOSCO**  
*Dipartimento di Scienze Mediche Traslazionali  
Naples, Italy*
- **GIUSEPPE MANCIA**  
*University of Milano-Bicocca, Milan, Italy*
- **GIUSEPPE MERCURO**  
*Malattie dell'Apparato Cardiovascolare  
Dipartimento di Scienze Mediche  
"Mario Aresu", Cagliari, Italy*
- **MARCO METRA**  
*Cardiology  
University and Civil Hospital of Brescia, Italy*
- **VINCENZO MOLLACE**  
*Pharmacology Faculty  
"Magna Graecia" University, Catanzaro, Italy*
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Catholic University School of Medicine  
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- **FEDERICO PISCIONE**  
*University of Salerno, Italy*
- **FRANCESCO ROMEO**  
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- **MARINO SCHERILLO**  
*Dipartimento di Cardioscienze  
Azienda Ospedaliera "Gaetano Rummo"  
Benevento, Italy*
- **GIORGIO SESTI**  
*University "Magna Graecia" of Catanzaro, Italy*
- **BRUNO TRIMARCO**  
*University Federico II, Naples, Italy*
- **MASSIMO VOLPE**  
*Speciality School in Cardiovascular Disease  
University of Rome "Sapienza", Italy*

# GENERAL INFORMATION

## Meeting venue

Centro Congressi Federico II, Via Partenope, 36 - Naples, Italy

## Registration hours

The Registration Desk will be open during the following hours:

Thursday 9<sup>th</sup> February 2017: 02.00 p.m to 07.00 p.m.

Friday 10<sup>th</sup> February 2017: 07.30 a.m. to 06.00 p.m.

Saturday 11<sup>th</sup> February 2017: 07.30 a.m. to 02.00 p.m.

## Official language

English. Simultaneous translation will be provided.

## Registrations

Registration is free of charge.

## Italian CME Accreditation

The Meeting has obtained 14 CME Credits for Italian Physicians.

The CME credits will be recognized only after full attendance of all sessions

and a minimum score of 75% of correct answers in the learning questionnaires.

Completion of the Registration Form, the Learning & Assessment questionnaires are compulsory.

## European CME Accreditation

The event has been accredited by the European Board for Accreditation in Cardiology (EBAC) for 9 European CME Credits.

## Technical facilities

A Slide Centre with PCs (Windows and Macintosh operating systems)

will be available for Speakers to preview and finalize their presentations.

Speakers are kindly requested to submit their presentations on USB flash drive, CD or DVD to the Slide Centre technicians at least one hour before their talks.

## Slide Centre opening hours

Thursday 9<sup>th</sup> February 2017: 02.00 p.m to 07.00 p.m.

Friday 10<sup>th</sup> February 2017: 07.30 a.m. to 06.00 p.m.

Saturday 11<sup>th</sup> February 2017: 07.30 a.m. to 02.00 p.m.

## Lunches and coffee breaks

Lunches and coffee breaks will be provided within the conference premises.

## Attendance certificate

The attendance certificate will be issued at the accreditation/registration desk following full attendance at the Conference.



# NOTES

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