



FONDAZIONE
INTERNAZIONALE
MENARINI

International Congress

FOOD: A DRUG BETWEEN THE DRUGS

Turin (Italy), July 10th - 12th, 2014

Organized by

DIPARTIMENTO DI SCIENZA E TECNOLOGIA DEL FARMACO
UNIVERSITY OF TURIN (ITALY)

and

FONDAZIONE INTERNAZIONALE MENARINI

Aula Magna del Rettorato Universitario (Via Giuseppe Verdi, 8)

Centro Congressi Torino Incontra (Via Nino Costa, 8)

Thursday, July 10th, 2014 – Afternoon Aula Magna del Rettorato Universitario

Welcome Ceremony

15.00 - 16.00 Registration

Welcome coffee

16.00 Press Conference Hall of the Rectorate

17.00

Authority greetings
Welcome of President
Prof. Giancarlo Cravotto
Welcome of Scientific Chair
Dr. Fulvia Pedani

Welcome of President Scientific Committee:

Prof. Luigi Cattel
Prof. Paolo Cavallo Perin
Prof. Andrea Pezzana
Prof. Riccardo Torta

Welcome of the President of
Fondazione Menarini **Dr. Alessandro Casini**

18.00

Torsten Bohn (Belvaux, L)
Lecture on:
“We are what we eat - is that true?”
The interrelation between diet, disease and well-being”

10.30 - 10.50 **Armando Genazzani** (Novara, I)

Pharmacological synergy between food and drugs and Food-related drug toxicity. Formulation and optimal relationship with the meal

10.50 - 11.10 Discussion

11.10 - 11.30 *Coffee break*

Session II FOOD: A DRUG

11.30 - 11.40 Presentation sessions and Chairmen
Fulvia Pedani (Turin, I)

Chairman: **Pier Luigi Canonico** (Novara, I)

11.40 - 12.00 **Janne T. Backman** (Helsinki, F)
Interaction of fruit juices with drugs

12.00 - 12.20 **Cesare Sirtori** (Milan, I)
Clinical development of a nutraceutical: not only a food supplement

12.20 - 12.40 **Marco Macchia** (Pisa, I)
The "health claims" in the nutraceutical

12.40 - 13.00 Discussion

13.00 - 14.00 Light Lunch

Friday, July 11th, 2014 – Afternoon

Chairmen: **Pier Luigi Canonico** (Novara, I)
Andrea Pezzana (Turin, I)

14.10 - 14.30 **Michela Zanardi** (Turin, I)
Nutraceuticals synergistically to food in the metabolic sequelae of cancer patients

14.30 - 14.50 **Beatrice Travalca** (Genoa, I)
Artificial nutrition including food and medicine

14.50 - 15.10 **Andrea Pezzana** (Turin, I)
Anti-inflammatory diet: an alternative to medication?

15.10 - 15.30 Discussion

15.30 - 16.00 *Coffee break*

16.00 - 16.20 **Concetta Finocchiaro** (Turin, I)
Antibiotic therapy and Food: intestinal microbiome and metabolism

16.20 - 16.40 **Riccardo Torta** (Turin, I)
Food as an inhibitor of MAO: antidepressant action and interference on therapy of psychiatric disorders

16.40 - 17.00 Discussion

17.00 - 17.10 Closing remarks

Saturday, July 12th, 2014 – Morning

Session III DISEASES AND FOOD INTERFERENCE

08.45 - 09.00 Presentation sessions and Chairmen

Fulvia Pedani (Turin, I)

Chairman:

Roberto Fantozzi (Turin, I)

09.00 - 09.20 **Sebastiano Marra** (Turin, I)
Cardiovascular diseases and food interference

09.20 - 09.40 **Alberto Bruno** (Turin, I)
Dyslipidemia and diabetes: interference and optimization of the diet

09.40 - 10.00 **Paolo Grieco** (Naples, I)
Food and anticancer drugs: food as a modulator of PGP and resistance to anticancer drugs

10.00 - 10.20 **Maria Luisa Amerio** (Asti, I)
Sarcopenia in the elderly

10.20 - 10.50 Discussion

10.50 - 11.20 *Coffee break*

11.20 - 11.40 **Marcello Giovannini, Giuseppe Banderali** (Milan, I)
Children themselves to a case: which food strategy in the child

11.40 - 12.00 **Maurizio Fadda** (Turin, I)
Il counselling dietistico

12.00 - 12.20 **Marco Strambi** (Milan, I)
What information

12.20 - 12.40 **Davide Zenoni** (Bergamo, I)
The role of the pharmacist

12.40 - 13.20 Discussion

13.20 - 13.30 **Closing of the Congress by the President and the Scientific Director**

13.30 - 13.40 Questionario ECM

13.40 Light lunch

President of the Meeting

Giancarlo Cravotto

Dipartimento di Scienza e Tecnologia del Farmaco
Department Director
University of Turin (Italy)

Scientific Director

Fulvia Pedani

G.S.U. Coordinamento Ambulatorio S.C. Oncologia Medica 2
Azienda Ospedaliera Universitaria Città Della Salute e della Scienza di Torino
Coordinatore Nazionale ANDOS onlus
Presidente ANDOS onlus Comitato di Torino
Coordinatore Commissione Igiene e Sanità
DISTRETTO NORD-OVEST F.I.D.A.P.A. - B.P.W. (Italy)

Scientific Committee

**Luigi Cattel, Paolo Cavallo Perin,
Andrea Pezzana, Riccardo Torta**

Promoted by

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