

Menarini Foundation Symposia: 239



UNIVERSITÀ DEGLI STUDI DI TORINO

FONDAZIONE
INTERNAZIONALE
MENARINI

OBESITY AND RELATED DISEASES

Turin (Italy), October 11th - 12th, 2013

Organized by

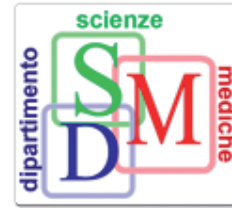
UNIVERSITÀ DEGLI STUDI DI TORINO

and

FONDAZIONE INTERNAZIONALE MENARINI

FINAL PROGRAM

*CENTRO CONGRESSI TORINO INCONTRA
Via Nino Costa n. 8*



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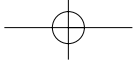
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Under the Auspice of
Scuola di Medicina dell'Università di Torino

President of the Meeting

Paolo Cavallo Perin
Dipartimento di Scienze Mediche
Università di Torino (Italy)

Scientific Secretariat

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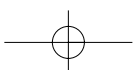
Overweight and obesity are important lifestyle-related public health problems. Obesity has major adverse effects on health since it is associated with an excess of cardiovascular events and several co-morbidities with a reduction in quality and duration of life. Unfortunately, the prevalence of obesity is increasing dramatically worldwide, even in young ages.

***Obesity and related diseases** aims in updating scientific knowledge and clinical practice in relation to prevention, pathophysiology and therapy.*

***Obesity and related diseases** is a remarkable event which consists of brief lectures and discussions by world renowned experts and it is designed for practicing specialists in Internal Medicine, Nephrology, Diabetology, Cardiology and Geriatrics.*

I hope you will enjoy the meeting and your stay Turin.

President of the Meeting
Paolo Cavallo Perin



Friday, October 11th, 2013 - Morning

- 10.30 - 10.45 *Welcome coffee*
- 10.45 - 11.00 **Paolo Cavallo Perin** (Turin, I)
Introduction
- Session I** **METABOLIC SYNDROME
AND CARDIOVASCULAR DISEASES**
- Chairpersons: **Massimo Porta** (Turin, I)
Roberto Pontremoli (Genoa, I)
- 11.00 - 11.15 **Enrico Agabiti Rosei** (Brescia, I)
Left ventricular hypertrophy and cardiovascular risk
- 11.15 - 11.30 **Roberto Pontremoli** (Genoa, I)
Chronic kidney disease and cardiovascular risk
- 11.30 - 11.45 **Elisabetta Bugianesi** (Turin, I)
Nonalcoholic steatohepatitis and cardiovascular risk
- 11.45 - 12.00 **Miguel Ferrer** (Barcelona, E)
Obesity hypoventilation syndrome: comorbidities
and combined treatment strategies
- 12.00 - 12.15 **Nikolaos P.E. Kadoglou** (Thessaloniki, GR)
Adipokines: a novel link between adiposity and carotid
plaque vulnerability
- 12.15 - 12.30 **Gian Franco Gensini** (Florence, I)
Physical activity and circulating endothelial progenitor
cells in obesity
- 12.30 - 12.45 **Claudio Borghi** (Bologna, I)
Uric acid and cardiovascular risk
- 12.45 - 13.00 **Giovambattista Desideri** (L'Aquila, I)
Treatment of chronic hyperuricemia with and without
urate deposition
- 13.00 - 13.15 **Alberico Catapano** (Milan, I)
Adherence to lipid-lowering treatment: the patient
perspective
- 13.15 - 14.15 *Lunch*
- 14.15 - 15.15 Discussion 1st session

Friday, October 11th, 2013 - Afternoon

- Session II** **HYPERTENSION AND CARDIOVASCULAR
DISEASES**
- Chairpersons: **Graziella Bruno** (Turin, I)
Carmine Savoia (Rome, I)
- 15.15 - 15.30 **Franco Veglio** (Turin, I)
Metabolic syndrome and target organ damage:
role of blood pressure
- 15.30 - 15.45 **Carmine Savoia** (Rome, I)
Angiotensin type 2 receptor in hypertensive
cardiovascular disease
- 15.45 - 16.00 **Stefano Taddei** (Pisa, I)
Effects of treatment strategy on endothelial function
- 16.00 - 16.15 **Guido Grassi** (Milan, I)
Blood pressure variability, adrenergic overdrive
and cardiovascular risk in hypertension
- 16.15 - 16.30 **Giuseppe Lembo** (Pozzilli-IS, I)
Cognitive impairment and hypertension
- 16.30 - 16.45 *Coffee break*
- 16.45 - 17.00 **Claudio Ferri** (L'Aquila, I)
Cardiovascular consequences of poor compliance
to antihypertensive therapy
- 17.00 - 17.15 **Bruno Trimarco** (Naples, I)
Hypertension in women
- 17.15 - 17.30 **Elisabete Alves** (Porto, P)
Preeclampsia and cardiovascular risk
- 17.30 - 17.45 **Tomasz Grodzicki** (Cracow, PL)
Hypertension in the elderly
- 17.45 - 18.45 Discussion 2nd session

Saturday, October 12th, 2013 - Morning

Session III	DIABETES AND CARDIOVASCULAR DISEASES
Chairpersons:	Paolo Cavallo Perin (Turin, I) Gabriele Riccardi (Naples, I)
08.45 - 09.00	Roberto Miccoli (Pisa, I) Epidemiology of diabetes and cardiovascular risk
09.00 - 09.15	Massimo Federici (Rome, I) Cardiovascular risk in subjects at high risk for type 2 diabetes
09.15 - 09.30	Gabriele Riccardi (Naples, I) Lifestyle interventions for the prevention or delay of type 2 diabetes
09.30 - 09.45	Francesco Chiarelli (Chieti, I) Type 2 diabetes and cardiovascular risk in children and adolescents
09.45 - 10.00	Edoardo Mannucci (Florence, I) The effect of GLP1-based therapies on cardiovascular risk
10.00 - 10.15	Roberto Trevisan (Bergamo, I) Achieving glycemic control in patients with type 2 diabetes and renal impairment
10.15 - 10.30	Simona Frontoni (Rome, I) Very-low-calorie diet: a quick therapeutic tool to improve, cell function in morbidly obese patients with type 2 diabetes
10.30 - 10.45	<i>Coffee break</i>
10.45 - 11.00	Antonio E. Pontiroli (Milan, I) Metabolic surgery for diabetes and metabolic syndrome
11.00 - 11.15	Graziella Bruno (Turin, I) Quality of diabetes care
11.15 - 12.15	Discussion 3 rd session
12.15 - 13.15	Concluding Remarks
13.15 - 13.30	Questionario ECM
13.30 - 14.30	<i>Lunch</i>

GENERAL INFORMATION

Meeting venue

The venue for the Meeting will be CENTRO CONGRESSI TORINO INCONTRA, Via Nino Costa n. 8, Turin (Italy).

Secretariat during the Meeting

The Secretariat will be open at the following times:
Friday, October 11th, from 9:30 a.m. to 07:30 p.m.
Saturday, October 12th, from 8:00 a.m. to 01:30 p.m.

Official language

The official language of the Meeting will be English.

Registration

The Meeting is free to attend.

CME Credits

The application for CME accreditation has been submitted with **10 credits for Italian Physicians** (*Angiologia, Cardiologia, Endocrinologia, Gastroenterologia, Malattie Metaboliche e Diabetologia, Medicina Interna, Medicina dello Sport, Nefrologia, Ortopedia e Traumatologia, Igiene degli Alimenti e della Nutrizione, Medicina Generale, Continuità Assistenziale, Scienza dell'Alimentazione e Dietetica*), and **Pharmacists**.

The CME credits will be awarded only after full attendance of all sessions. Completion of the Registration Form, the Learning & Assessment questionnaires are compulsory.

Technical facilities

Facilities will be available for computer presentations and overhead projections. A business center with PC (Powerpoint for Windows) will be available for check and preview of presentations. It is essential that speakers take their presentation to the business center at least one hour before the session starts.

The center will be open at the following times:

Friday, October 11th, from 9:30 a.m. to 07:30 p.m.

Saturday, October 12th, from 8:00 a.m. to 01:30 p.m.

Lunches and coffee breaks

Lunches and coffee breaks will be served in the Meeting area.

Abstracts book

Participants will receive the Abstract book at the Meeting.

Certificate of attendance

The certificate of attendance will be available on request at the end of the Meeting at the Secretariat.

LIST OF PRESIDENT OF THE MEETING, SCIENTIFIC SECRETARIAT, CHAIRPERSONS AND SPEAKERS

Enrico AGABITI-ROSEI

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Department of Paediatrics
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Claudio FERRI

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 IRCCS Neuromed
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Edoardo MANNUCCI

Agenzia Diabetologia
 Azienda Ospedaliero-Universitaria Careggi
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 School of Internal Medicine
 University of Turin (Italy)

A Special Thanks to:

**A. MENARINI INDUSTRIE FARMACEUTICHE RIUNITE
 LABORATORI GUIDOTTI
 MALESCI - ISTITUTO FARMACOBIOLOGICO**

NOTES

