



Policlinico S. Orsola-Malpighi

# International Symposium on: URIC ACID CARDIOVASCULAR DISEASE: BACK TO PATHOPHYSIOLOGY

Bologna (Italy), December 1st- 3rd, 2016

# Organized by

DEPARTMENT OF MEDICAL AND SURGICAL SCIENCES (DIMEC)
ALMA MATER STUDIORUM UNIVERSITY OF BOLOGNA
BOLOGNA, ITALY

DIVISION OF RENAL DISEASES AND HYPERTENSION UNIVERSITY OF COLORADO ANSCHUTZ MEDICAL CAMPUS – DENVER CO, USA

#### **Promoted by**



#### **PROGRAM**

Palazzo Re Enzo (Piazza del Nettuno, 1)

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The role of serum uric acid as a risk factor for CV disease has been extensively debated for many years without reaching a final agreement among clinicians and researchers. In particular, most of the evidence about the pathogenetic role of uric acid in CV disease have been achieved in the population of patients with severe hyperuricemia or gout while its role in patients with mildly elevated serum levels of uric acid is only poorly recognized. Serum uric acid represents an important, independent risk factor for cardiovascular and renal disease in patients with hypertension, heart failure, or diabetes. Elevated serum uric acid is highly predictive of mortality in patients with heart failure or coronary artery disease and of cardiovascular events in patients with diabetes. Although the mechanism(s) by which uric acid may play a pathogenetic role in cardiovascular disease is still unclear, hyperuricemia is associated with deleterious effects on endothelial dysfunction, oxidative metabolism, platelet adhesiveness, hemrheology, and aggregation. Whether a reduction in uric acid impacts CV and renal disease remains to be determined. However, recent findings from LIFE suggest the possibility that a treatment-induced decrease in serum uric acid may indeed attenuate cardiovascular risk. Clearly, randomized clinical trials are needed to investigate further the long-term cardioprotective benefits issue of reducing hyperuricemia in hypertensive patients..

The main purpose of the present symposium is twofold. First of all to reinforce the role of uric acid in the pathogenesis of gout and gout-related non-rheumatic diseases including renal involvement. Second to provide an updated review of the evidence supporting a possible and relevant role of (elevated) uric acid as a risk factor for cardiovascular diseases. To fullfil this goal we will present a series of comprehensive lectures mainly focused on the different aspects of the relationship between serum uric acid and cardiovascular diseases with the aim to define whether or not the increase in the amount of our knowledge about uric acid may contribute to increase the number of major risk factors.

Presidents of the Meeting
Claudio Borghi and Richard J. Johnson

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## With the Patronage of

Health Office Emilia Romagna Region Assessorato alle Politiche per la Salute Regione Emilia Romagna

Major of the City of Bologna

University Hospital of Bologna Policlinico S. Orsola Malpighi

Department of Medical and Surgical Sciences (DIMEC) Alma Mater Studiorum University of Bologna

> European Society of Hypertension Italian Society of Hypertension

#### **Presidents of the Meeting**

#### Claudio Borghi

Department of Medical and Surgical Sciences (DIMEC) Alma Mater Studiorum University of Bologna Bologna, Italy

#### Richard J. Johnson

Division of Renal Diseases and Hypertension University of Colorado Anschutz Medical Campus Denver, CO - USA

#### **Scientific Secretariat**

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# Promoted by

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# Organizing Secretariat and Provider for Italian CME accreditation

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# Thursday, December 1<sup>st</sup>, 2016 – Afternoon *Salone del Podestà - Palazzo Re Enzo*

Opening ceremony

18.00 Welcome addresses C. Borghi (Bologna, I)

18.15 Main Lecture

Introduction: M. H. Alderman (New York, NY - USA) E. Ambrosioni (Bologna, I)

Uric acid and CV and metabolic disease: from the back to the future **R. J. Johnson** (Denver, CO-USA)

**19.00** Welcome cocktail

# Friday, December 2<sup>nd</sup> 2016 – Morning Salone del Podestà - Palazzo Re Enzo

# Session I – Serum Uric Acid and Gout: from the human evolution to mechanism of disease

Chairpersons:	I. Olivieri (Potenza, I) F. Perez Ruiz (Vizcaya, E)
09.00	<b>F. M. Galassi</b> (Zurich, CH) Uric acid and CV disease: an historical perspective
09.30	T. Gibson (London, UK) Biochemistry of Uric Acid in clinical perspective
10.00	<b>E. E. Kelley</b> (Morgantown, WV-USA) Which XOR-Derived product is driving the metabolic/cardiovascular dysfunction allied to obesity/diabetes, ROS or uric acid?
10.30	H. Sakurai (Tokyo, J) Transporter-centric view of urate (patho)physiology
11.00	Coffee break

# Session II – Serum uric acid, gout and cardio-renal disease: the genetic approach

Chairpersons:	J. Dawson (Glasgow, UK) M. Volpe (Rome, I)
11.30	T. Merriman (New Zealand) Genetic aspects of gout
12.00	J. Dawson (Glasgow, UK) Genes, uric acid and CV diseases
12.30	C. Zoccali (Reggio Calabria) The challenge of Mendelian randomization approach
13.00	Lunch

# Friday, December 2<sup>nd</sup> 2016 – Afternoon Salone del Podestà - Palazzo Re Enzo

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Session	111 —	Canif and	i cardio-renal	co-morbidities

Chairpersons: P. Pauletto (Treviso, I)

G. Minisola (Rome, I)

14.00 L. Punzi (Padua, I)

The interaction between gout and other rheumatic diseases: current trends

14.30 C. Ferri (L'Aquila, I)

The problem of cardio-renal diseases in patients with gout

15.00 F. Perez Ruiz (Vizcaya, E)

The management of gout in the era of complexity

15.30 Coffee break

#### Session IV – Serum uric acid and hypertension

Chairpersons: **G. Mancia** (Milan, I)

A. Manolis (Athens, GR)

16.00 **D. I. Feig** (Birmingham, AL, USA)

Uric acid and hypertensive disease at early age.

16.30 G. Grassi (Milan, I)

Effects of serum uric acid on blood pressure lowering treatment

17.00 S. Taddei (Pisa, I)

The effect of antihypertensive drugs on serum uric acid: does it matter?

17.30 Main Lecture

Introduction: M. H. Alderman (New York, NY - USA)

A. Lerman (Rochester, MN - USA)

Serum Uric Acid and the endothelium: is this the battlefield?

18.00 End of the session

# Saturday, December 3<sup>rd</sup> 2016 – Morning Salone del Podestà - Palazzo Re Enzo

# Session V – Uric acid and cardiovascular diseases beyond hypertension

Chairpersons: L. Ruilope (Madrid, E) P.G. Camici (Milano, I)			
08.30	<b>L. O. Lerman</b> (Rochester, MN - USA) Hyperuricemia and CV disease: the role of renal impairment		
09.00	W. Döhner (Berlin, D) Complexity of heart failure: the emerging role of hyperuricemia		
09.30	<b>A. J. Manolis</b> (Athens, GR) Serum uric acid and atrial fibrillation: update on epidemiology and disease mechanism		
10.00	C. Borghi (Bologna, I) Hyperuricemia and new onset diabetes/metabolic syndrome		
10.30	Coffee break		
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# Session VI – Open issues in the management of hyperuricemia

Chairpersons:	E. Agabiti-Rosei (Brescia, I) A. Stack (Limerick, IRL)
11.00	<b>G. Desideri</b> (L'Aquila, I) Is there any "J-shaped" curve for serum uric acid?
11.30	Y. Shibagaki (Tokyo, J) Renal protective effects of urate lowering drugs
12.00	<b>R. Pontremoli</b> (Genoa, I)  Does urate lowering treatment reduces CV risk in renal patients?
12.30	<b>T. MacDonald</b> (Dundee, UK) Cardiovascular effects of urate lowering treatment: the role of drugs
13.00	<b>J. T. Kielstein</b> (Braunschweig, D) The preventive role of urate lowering treatment: who should be treated?
13.30	Concluding Remarks
13.45	Lunch

# **GENERAL INFORMATION**

#### **Meeting venue**

The venue for the Meeting will be Salone del Podestà, Palazzo Re Enzo – Piazza del Nettuno, 1 - Bologna

#### Secretariat during the Meeting

The Secretariat will be open at the following times: Thursday, December 1<sup>st</sup>, from 05.00 p.m. to 07.00 p.m. Friday, December 2<sup>nd</sup>, from 08.00 a.m. to 06.00 p.m. Saturday, December 3<sup>rd</sup>, from 08.00 a.m. to 01.30 p.m.

#### Official language

The official language of the Meeting will be English.

#### Registration

The Meeting is free to attend.

Please confirm the participation to the Organizing Secretariat within Friday, November 4th, 2016.

#### **Technical facilities**

Facilities will be available for computer presentations and overhead projections.

A business center with PC (Powerpoint for Windows) will be available for check and preview of presentations. It is essential that speakers take their presentation to the business center at least one hour before the session starts.

The slide center will be open at the following times: *Thursday, December* 1<sup>st</sup>, from 05.00 p.m. to 07.00 p.m. Friday, December 2<sup>nd</sup>, from 08.00 a.m. to 06.00 p.m. Saturday, December 3<sup>rd</sup>, from 08.00 a.m. to 01.30 p.m.

#### Lunches and coffee breaks

Lunches and coffee breaks will be served in the Meeting area.

#### Abstracts book

Participants will receive the Abstract book at the Meeting.

#### Certificate of attendance

The certificate of attendance will be available, on request, at the end of the Meeting at the Secretariat.

#### **Italian CME Credits**

Italian credits for Italian Physicians have been requested for **December 2^{nd} - 3^{rd} only.** 

Provider Italian CME Credits: I&C srl PROVIDER: 5387

ID CME ITALIAN CREDITS: 5387- 168136

### CME CREDITS N. 5,5

I&C srl is responsible for the content, the quality and the ethical honesty of the CME activity.

The meeting is accredited for the following specialties:

**Nurse, Pharmacist, Biologist, Physician and Surgeon** (Cardiology, Internal Medicine, Metabolic and Diabetes Diseases, Nephrology, Rheumatology, Endocrinology, Neurology, Clinical Biochemistry, Hygiene).

The physicians belonging to other disciplines will not get the credits.

The attendance to the meeting is partially on sponsor companies invitation.

**METHODOLOGY** 

Residential

**COURSE OBJECTIVES** 

Clinical, Diagnostic, Therapy, Treatment Path

LEARNING TEST

The credits will be obtained by attending both days of the meeting (100% of attendance), by answering correctly to the 75% of the CME test questions and by filling the CME forms delivered at the meeting.

#### **European CME Credits**

EBAC and EACCME credits have been requested for **December 1**<sup>st</sup> - 2<sup>nd</sup> - 3<sup>rd</sup> for the following disciplines: Cardiology, Internal Medicine, Metabolic and Diabetes Diseases, Nephrology, Rheumatology, Endocrinology, Neurology, Clinical Biochemistry, Hygiene.



'URIC ACID CARDIOVASCULAR DISEASE: BACK TO PATHOPHYSIOLOGY' (Event code: 14792) was granted **10 European CME credits** (ECMEC) by the European Accreditation Council for Continuing Medical Education (EACCME).

'URIC ACID CARDIOVASCULAR DISEASE: BACK TO PATHOPHYSIOLOGY' is accredited by the European Accreditation Council for Continuing Medical Education (EACCME) to provide the following CME activity for medical specialists. The EACCME is an institution of the European Union of Medical Specialists (UEMS), www.uems.net.

'URIC ACID CARDIOVASCULAR DISEASE: BACK TO PATHOPHYSIOLOGY' is designated for a maximum of (or 'for up to') 10 hours of European external CME credits. Each medical specialist should claim only those hours of credit that he/she actually spent in the educational activity.

Through an agreement between the European Union of Medical Specialists and the American Medical Association, physicians may convert EACCME credits to an equivalent number of AMA PRA Category 1 Credits<sup>TM</sup>. Information on the process to convert EACCME credit to AMA credit can be found at www.ama-assn.org/go/internationalcme.

Live educational activities, occurring outside of Canada, recognized by the UEMS-EACCME for ECMEC credits are deemed to be Accredited Group Learning Activities (Section 1) as defined by the Maintenance of Certification Program of The Royal College of Physicians and Surgeons of Canada.

#### **EACCME** credits

Each medical specialist should claim only those hours of credit that he/she actually spent in the educational activity. The EACCME credit system is based on 1 ECMEC per hour with a maximum of 3 ECMECs for half a day and 6 ECMECs for a full-day event.



# European Board for Accreditation in Cardiology

The event "URIC ACID CARDIOVASCULAR DISEASE: BACK TO PATHOPHYSIOLOGY" is accredited by the European Board for Accreditation in Cardiology (EBAC) for **12** CME credit hours of External CME credits.

Each participant should claim only those hours of credit that have actually been spent in the educational activity. EBAC works according to the quality standards of the European Accreditation Council for Continuing Medical Education (EACCME), which is an institution of the European Union of Medical Specialists (UEMS).

#### LIST OF SPEAKERS, CHAIRPERSONS AND CO-PRESIDENTS OF THE MEETING

#### Enrico AGABITI-ROSEI

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